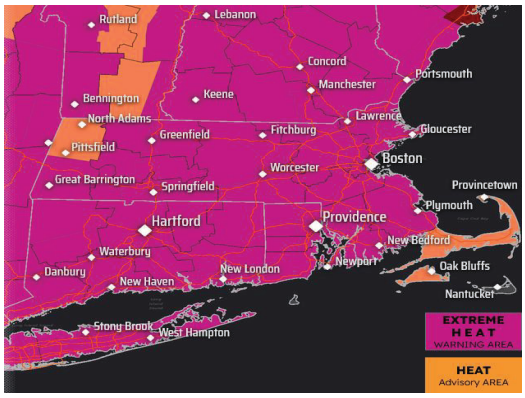
Dangerous Heat & Humidity Wed-Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Prolonged period of dangerous heat and humidity Wed - Sat with little overnight relief.
- Afternoon Heat Index Values between 96 and 112 degrees, especially Thursday & Friday.

TIMING	▪ Wednesday through Saturday. ▪ Little relief overnight as temperatures only dropping into the middle 70s and 75-80 in the urban centers.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration.
NWS ALERTS	▪ Extreme Heat Warning in effect for all areas except northern portion of the Berkshires, Cape Cod and the Islands ▪ Heat Advisory now in effect for Cape Cod, Martha's Vineyard and northern Berkshire County
FORECAST CHALLENGES	▪ Risk for thunderstorms - some potentially strong to severe - could temper heat/humidity, but their timing/location and development is uncertain.
POST-EVENT OUTLOOK	▪ Some relief from the heat and humidity is possible after the Fourth of July, but temperatures likely remain in the upper 80s to low 90s.
NEXT BRIEFING	▪ Wednesday Morning



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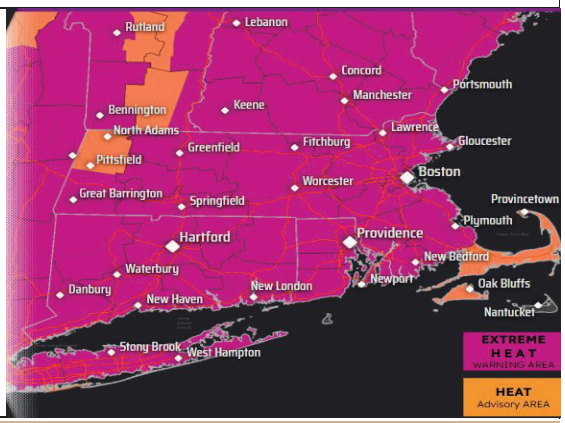
Dangerous Heat & Humidity Through Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Prolonged period of dangerous heat and humidity through Sat with little overnight relief.
- Afternoon Heat Index Values between 98 and 115 degrees, with the peak of the extreme heat & humidity Thu into Fri.

TIMING	▪ Continuing through Saturday. ▪ Little relief overnight as temperatures only dropping into the middle 70s and 75-80 in the urban centers.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration.
NWS ALERTS	▪ Extreme Heat Warning in effect for all areas except northern portion of the Berkshires, Cape Cod and the Islands ▪ Heat Advisory now in effect for Cape Cod, Martha's Vineyard and northern Berkshire County
FORECAST CHALLENGES	▪ Risk for thunderstorms could temper heat/humidity, but their timing/location and development is uncertain.
POST-EVENT OUTLOOK	▪ Some relief from the heat and humidity is expected after the Fourth of July, but temperatures likely remain in the upper 80s to low 90s.
NEXT BRIEFING	▪ By 10 AM Thu.



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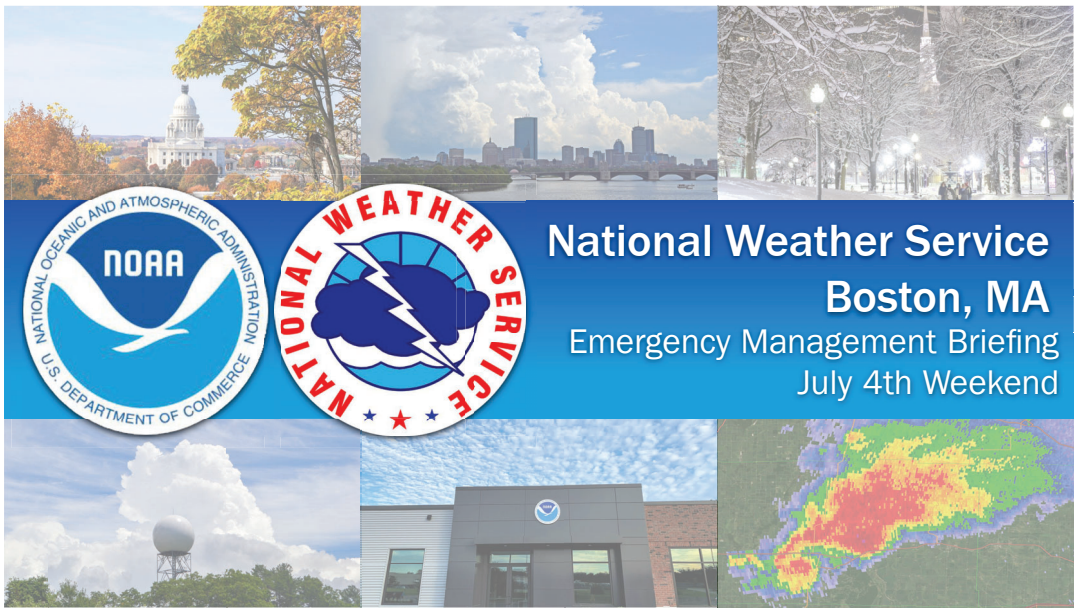

NOAA
NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION
U.S. DEPARTMENT OF COMMERCE
NATIONAL WEATHER SERVICE
National Weather Service
Boston, MA
Emergency Management Briefing
July 4th Weekend

NWS Boston July 4th Weekend EM Briefing

July 1, 2026
8:52 AM

Key Messages:

- **Progressively warmer each day, with 90+ highs Wednesday through Saturday**
  - Extreme Heat Warning in effect Wednesday through Saturday
  - Heat peaks Thursday and Friday with highs 95-100 and heat indices up to 110

- **Thunderstorm threat each day, with the most risk/coverage on Saturday July 4th.**

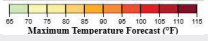
Temperature Forecast

July 1, 2026
8:52 AM

The heat peaks Thursday and Friday, with highs 95-100! Not much relief at night, with lows only in the 70s.

Maximum Temperature (°F) Forecast

	7/2 Thu	7/3 Fri	7/4 Sat	7/5 Sun
Block Island	79	88	80	73
Boston	101	100	93	83
Brockton	99	97	94	88
Gloucester	86	85	80	83
Greenfield	101	96	91	89
Hartford	101	97	95	91
Hyannis	87	95	87	80
Lowell	101	96	93	89
Nantucket	79	80	78	78
New Bedford	88	93	89	85
Newburyport	95	94	87	83
Newport	85	91	86	82
Providence	99	98	96	90
Provincetown	83	85	83	81
Springfield	102	100	94	90
Vineyard Haven	83	89	86	85
Worcester	99	96	90	89



Minimum Temperature (°F) Forecast

	7/2 Thu	7/3 Fri	7/4 Sat	7/5 Sun
Block Island	70	74	73	70
Boston	78	82	77	73
Brockton	74	74	75	71
Gloucester	73	73	70	67
Greenfield	76	76	75	68
Hartford	76	80	78	74
Hyannis	74	74	74	72
Lowell	78	77	74	71
Nantucket	69	69	70	68
New Bedford	73	73	74	70
Newburyport	77	76	73	69
Newport	70	76	76	71
Providence	74	77	77	72
Provincetown	69	69	69	66
Springfield	75	76	76	72
Vineyard Haven	73	72	71	69
Worcester	74	77	73	69

National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Heat Index (Feels Like Temperatures)

July 1, 2026
8:52 AM

Extreme heat arrives Wednesday, peaks Thursday and Friday. Not quite as hot Sunday & Monday

Heat Index (°F) Forecast

	7/2 Thu								7/3 Fri								7/4 Sat								7/5 Sun							
	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm
Block Island	72	70	70	74	77	78	78	75	75	74	76	83	87	94	87	78	77	76	76	77	82	83	77	74	72	71	70	71	73	73	72	71
Boston	85	78	79	94	106	106	104	96	91	86	87	97	105	108	103	96	89	85	83	89	94	96	92	83	76	73	74	77	83	84	82	75
Brockton	77	74	75	90	106	107	102	89	79	76	76	92	101	104	102	94	84	76	75	84	93	97	94	85	76	72	72	76	87	89	84	77
Gloucester	76	74	74	79	93	91	88	79	77	74	74	79	87	91	88	79	74	73	73	76	79	83	77	72	69	67	69	73	82	85	79	74
Greenfield	86	77	77	95	107	110	105	95	85	77	76	88	100	102	97	90	83	76	75	84	91	94	92	84	75	70	69	74	84	89	87	79
Hartford	78	76	77	94	107	110	109	97	89	85	83	94	103	105	102	93	85	79	79	90	98	101	96	86	78	75	74	79	89	93	89	82
Hyannis	74	74	75	83	92	94	88	76	76	75	77	94	103	105	99	85	78	75	75	84	91	93	87	78	74	72	73	75	78	82	77	73
Lowell	87	79	79	98	107	110	106	94	87	78	78	91	100	101	98	92	83	76	74	83	93	96	91	83	76	72	71	76	86	89	85	77
Nantucket	69	69	70	74	79	78	76	70	69	70	71	77	83	83	79	74	72	72	73	75	77	77	75	72	70	69	70	73	77	77	73	70
New Bedford	74	74	74	83	94	97	90	78	75	73	75	93	103	105	98	86	78	75	75	83	92	96	90	79	74	71	70	74	85	88	84	75
Newburyport	84	77	78	92	105	104	98	90	83	77	76	90	100	101	99	90	79	76	75	83	88	91	87	77	72	69	70	74	82	85	79	74
Newport	73	72	71	77	88	90	85	78	77	76	78	91	97	98	94	88	79	77	76	85	90	90	86	78	75	73	71	74	79	85	78	74
Providence	76	74	75	90	106	109	103	92	85	78	78	94	103	106	102	96	87	79	78	88	97	101	96	86	77	73	73	77	88	92	87	78
Provincetown	71	70	70	74	83	88	83	75	72	70	71	76	79	90	86	78	72	69	70	75	84	86	83	74	69	66	66	71	78	83	76	72
Springfield	78	75	76	91	106	113	109	96	85	77	77	94	106	108	102	92	84	76	77	87	94	98	96	86	77	73	72	77	88	91	89	82
Vineyard Haven	73	73	74	77	86	88	79	74	75	73	74	88	96	95	88	77	75	74	76	84	90	90	83	74	70	69	70	76	86	87	79	73
Worcester	75	74	75	90	103	106	105	92	86	79	78	92	101	102	99	90	78	74	74	83	89	93	90	82	74	70	70	76	86	89	86	79

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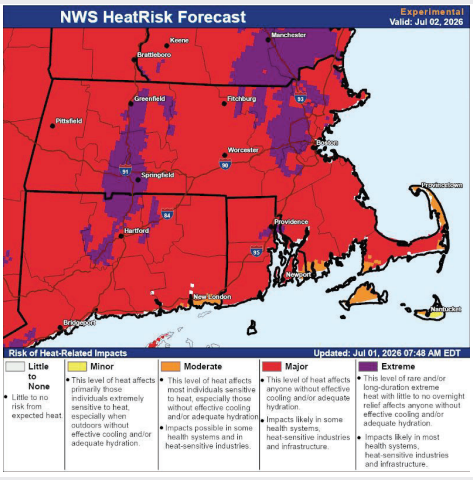
National Weather Service
Boston / Norton, MA

Extreme Heat Warning thru Saturday

July 1, 2026
8:52 AM

- Extreme Heat Warning Wednesday through Saturday
- Heat peaks Thursday and Friday, with highs 95-100 and heat indices 100-110.
- Extreme heat will impact heat-sensitive individuals, especially those without adequate hydration and cooling.



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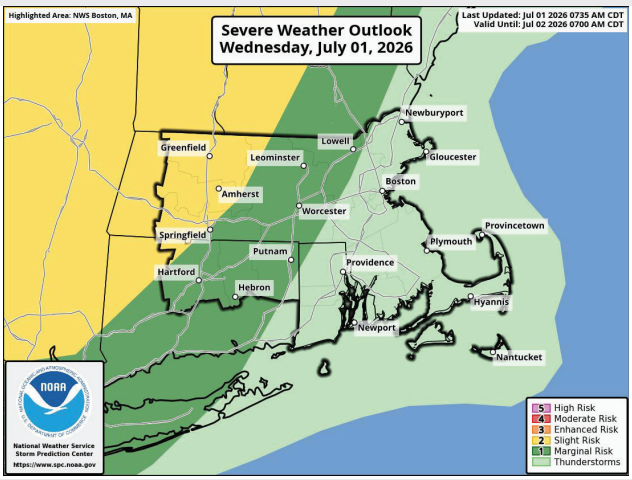
National Weather Service
Boston / Norton, MA

Chance for Severe Weather Wednesday

July 1, 2026
8:52 AM

Scattered strong to severe thunderstorms possible across Western-Central Massachusetts & Northwest Connecticut

- Scattered thunderstorms, with the possibility for a few severe thunderstorms, across Western-Central MA and Northwest Connecticut.
- Main Hazards: Damaging winds, large hail & frequent lightning
- Timing: Wednesday late afternoon through the evening



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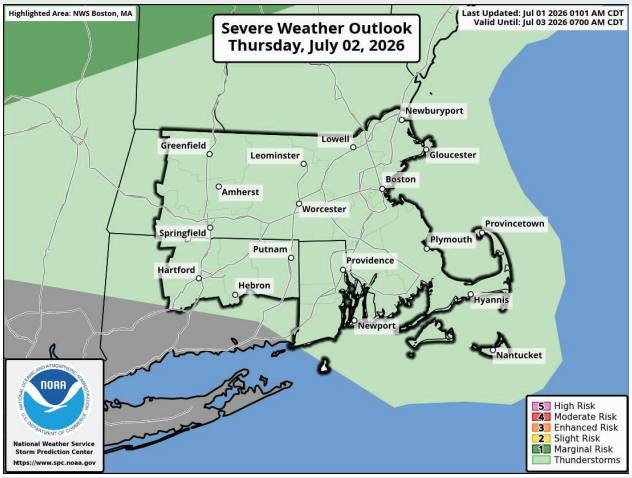
Boston / Norton, MA

Chance for Severe Weather Thursday

July 1, 2026
8:52 AM

Scattered strong to severe thunderstorms possible across Western-Central Massachusetts & Northwest Connecticut

- A few scattered thunderstorms possible. Severe risk is low but non-zero.
- Main Hazards: Damaging winds, & lightning
- Timing: Thursday late afternoon through the evening



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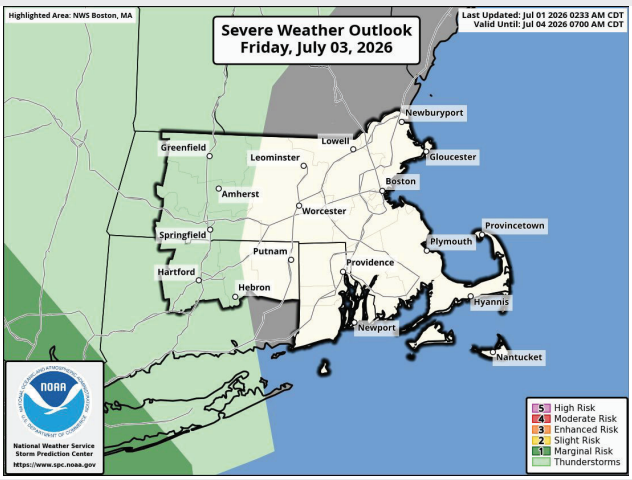
Chance for Severe Weather Friday

July 1, 2026
8:52 AM

Scattered strong to severe thunderstorms possible across Western-Central Massachusetts & Northwest Connecticut

- A few scattered thunderstorms possible. Severe risk is low but non-zero.
- Main Hazards: Damaging winds, & lightning
- Timing: Friday late afternoon through the evening

Severe Storm Potential is Higher on Saturday 7/4



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Boston / Norton, MA

NWS Boston July 4th Weekend EM Briefing

July 1, 2026
8:52 AM

Key Messages:

- **Progressively warmer each day, with 90+ highs Wednesday through Saturday**
  - Extreme Heat Warning in effect Wednesday through Saturday
  - Heat peaks Thursday and Friday with highs 95-100 and heat indices up to 110

- **Thunderstorm threat each day, with the most risk/coverage on Saturday July 4th.**

NWS Boston - Information Links

July 1, 2026
8:52 AM

- Graphical Hazardous Weather Outlook
- EM Briefing Page
- Coastal Flood Threat Display
- Tropical Weather
- Winter Weather
- Rivers / Tide Gauges (National Water Prediction Service)

508-622-3280
(unlisted 24/7)

National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

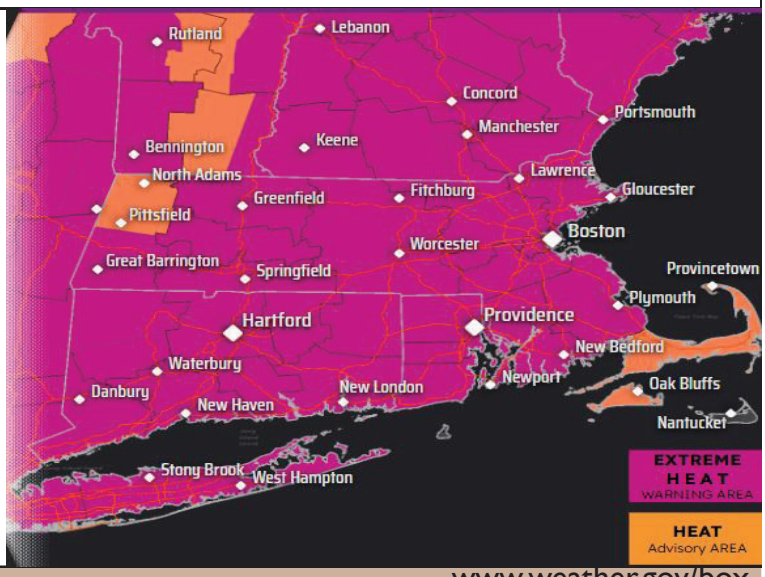
Dangerous Heat & Humidity Through Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Prolonged period of dangerous heat and humidity through Sat.
- Heat Index Values between 100 and 115 degrees today and Friday. Heat Indices of 95-100+ on Sat.
- Isolated thunderstorm risk later today & tonight. Greater potential for thunderstorms and perhaps some severe weather late Fri-Sat.

TIMING	▪ Continuing through Saturday. ▪ Little relief overnight as temperatures only dropping into the middle 70s and 75-80 in the urban centers.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration. ▪ Isolated severe weather potential later today, but a greater risk late Fri-Sat. Main severe weather threat will be damaging wind gusts.
NWS ALERTS	▪ Extreme Heat Warnings for most of southern New England. Heat Advisories for the northern Berks, Cape Cod and Marthas Vineyard through Sat.
FORECAST CHALLENGES	▪ Greatest uncertainty is on Saturday depending on the timing of a cold front. Potential for heat index values to be lower or higher than currently forecast.
POST-EVENT OUTLOOK	▪ Relief from the dangerous heat and humidity arrives on Sunday. Cooler and seasonable temps for much of next week.
NEXT BRIEFING	▪ By 4 PM today.



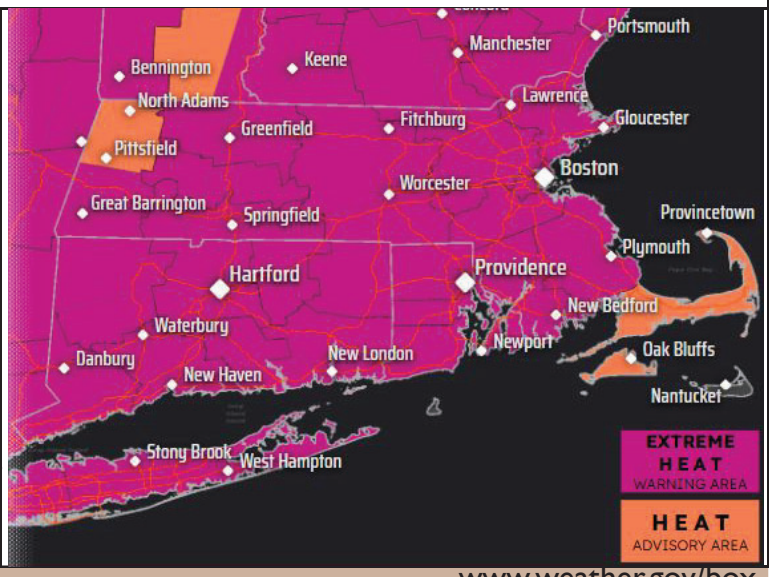
Dangerous Heat & Humidity Through Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Prolonged period of dangerous heat and humidity through Sat.
- Heat Index Values between 100 and 115 degrees today and Friday. Heat Indices of 95-100+ on Sat.
- Isolated thunderstorm risk later today & tonight. Greater potential for thunderstorms and perhaps some severe weather late Fri-Sat.

TIMING	▪ Continuing through Saturday. ▪ Little relief overnight as temperatures only dropping into the middle 70s and 75-80 in the urban centers.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration. ▪ Isolated severe weather potential later today, but a greater risk late Fri-Sat. Main severe weather threat will be damaging wind gusts.
NWS ALERTS	▪ Extreme Heat Warnings for most of southern New England. Heat Advisories for the northern Berks, Cape Cod and Martha's Vineyard through Sat.
FORECAST CHALLENGES	▪ Greatest uncertainty is on Saturday depending on the timing of a cold front. Potential for heat index values to be lower or higher than currently forecast.
POST-EVENT OUTLOOK	▪ Relief from the dangerous heat and humidity arrives on Sunday. Cooler and seasonable temps for much of next week.
NEXT BRIEFING	▪ Friday morning.



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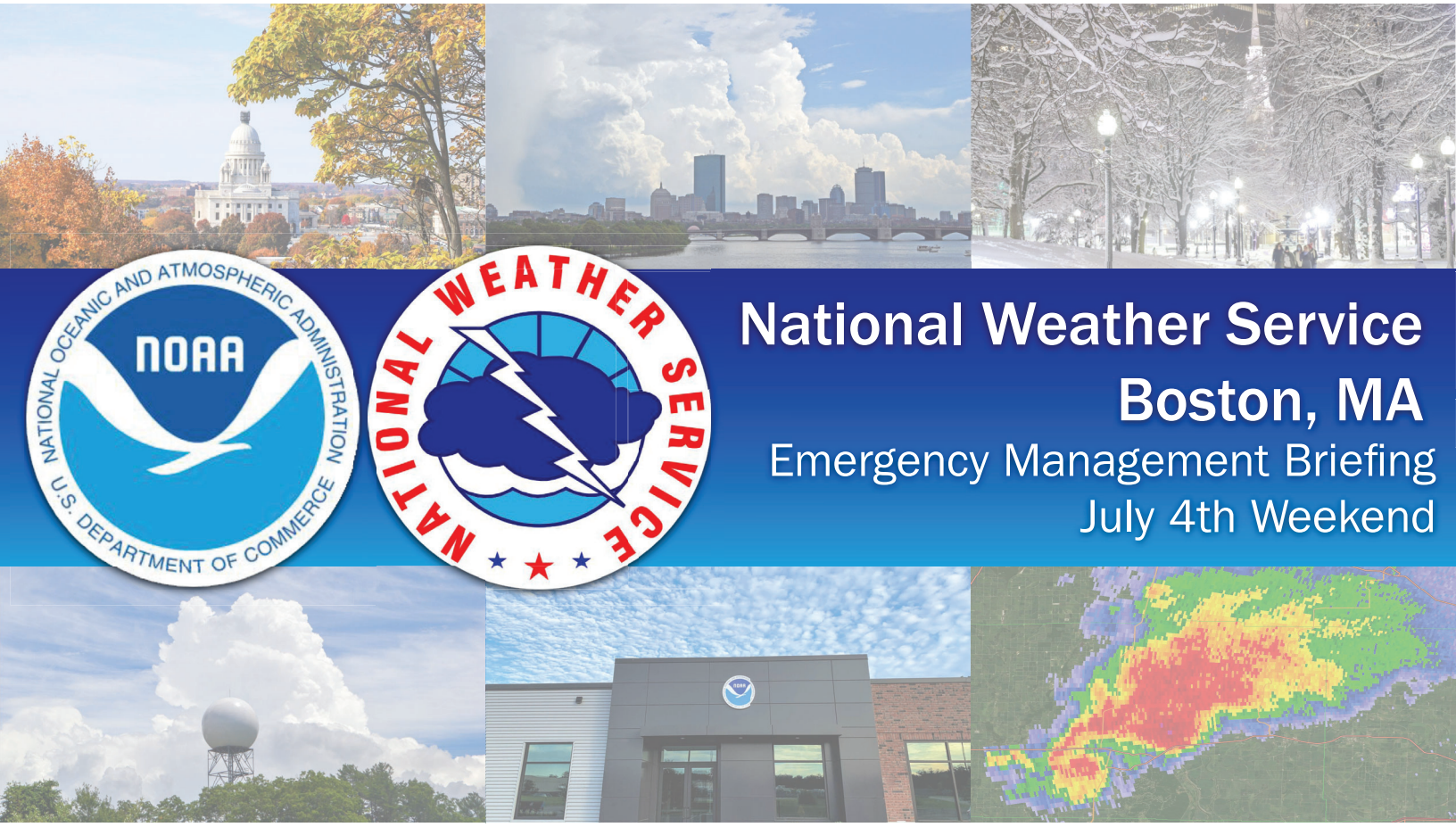
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Emergency Management Briefing
July 4th Weekend

NWS Boston July 4th Weekend EM Briefing

July 2, 2026
8:10 AM

Key Messages:

- **Excessive heat and humidity continues with 90+ highs through Saturday**
  - Extreme Heat Warning in effect through Saturday
  - Heat peaks today and Friday with highs 95-100 and heat indices up to 115

- **Thunderstorm threat each day, with the most risk/coverage on Saturday July 4th.**

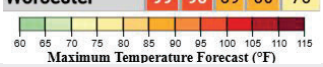
Temperature Forecast

July 2, 2026
8:10 AM

The heat peaks Thursday and Friday, with highs 95-100! Not much relief at night, with lows only in the 70s.

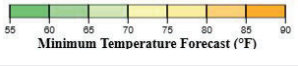
Maximum Temperature (°F) Forecast

	7/2 Thu	7/3 Fri	7/4 Sat	7/5 Sun	7/6 Mon
Block Island	81	86	85	76	69
Boston	99	101	96	81	73
Brockton	99	100	94	85	78
Gloucester	87	87	80	77	77
Greenfield	100	98	91	86	78
Hartford	102	100	95	88	79
Hyannis	87	96	88	76	74
Lowell	100	100	92	86	78
Nantucket	74	85	76	73	72
New Bedford	89	95	89	81	76
Newburyport	96	95	88	80	75
Newport	86	92	86	79	73
Providence	98	99	93	88	77
Provincetown	83	88	78	75	75
Springfield	102	102	93	88	79
Vineyard Haven	84	93	84	79	75
Worcester	99	96	89	86	78



Minimum Temperature (°F) Forecast

	7/2 Thu	7/3 Fri	7/4 Sat	7/5 Sun	7/6 Mon
Block Island	70	72	75	68	66
Boston	76	80	81	71	67
Brockton	73	75	75	69	64
Gloucester	73	75	72	67	64
Greenfield	73	74	78	70	63
Hartford	76	78	80	75	69
Hyannis	72	74	75	67	65
Lowell	76	76	75	71	65
Nantucket	68	68	70	63	62
New Bedford	71	74	74	66	64
Newburyport	76	76	75	68	65
Newport	72	73	76	68	66
Providence	73	75	78	70	66
Provincetown	70	72	69	65	63
Springfield	74	75	76	72	64
Vineyard Haven	71	71	73	63	62
Worcester	76	76	74	71	65



Heat Index (Feels Like Temperatures)

July 2, 2026
8:10 AM

Extreme heat arrives Wednesday, peaks Thursday and Friday. Not quite as hot Sunday & Monday

Heat Index (°F) Forecast

	7/2 Thu					7/3 Fri								7/4 Sat								7/5 Sun								7/6 Mon							
	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	9am	12pm	3pm	6pm	9pm
Block Island	76	83	85	83	75	73	73	75	78	89	92	90	79	77	76	76	77	83	89	84	78	76	75	73	72	72	71	71	69	68	68	68	68	69	68	68	67
Boston	94	103	107	105	97	91	85	85	94	102	106	103	95	91	86	85	92	99	100	97	89	83	77	75	76	79	82	77	73	69	67	68	70	72	73	71	68
Brockton	92	106	110	106	93	84	76	77	94	104	108	105	93	85	77	76	88	95	97	95	87	78	75	73	77	84	86	82	73	67	64	65	69	75	77	73	68
Gloucester	84	94	94	93	88	79	76	76	85	91	93	89	79	76	73	72	76	79	79	77	76	72	70	69	73	76	76	72	68	66	65	67	71	75	76	72	67
Greenfield	90	103	109	105	93	84	76	75	87	101	105	103	93	87	82	79	85	92	94	91	87	76	72	70	75	83	87	84	75	69	64	63	67	73	78	76	72
Hartford	96	110	114	111	98	90	84	79	97	107	110	106	97	90	85	85	94	99	100	97	89	83	77	75	79	88	90	86	78	74	71	70	72	77	79	77	73
Hyannis	84	92	94	88	77	75	74	76	94	105	105	99	86	83	77	77	88	94	95	92	79	74	73	71	73	76	76	72	68	66	66	67	70	73	74	71	67
Lowell	95	107	111	109	97	89	78	77	93	104	108	105	93	85	77	76	85	93	95	92	87	78	74	73	77	85	87	82	75	69	66	66	70	76	78	74	68
Nantucket	71	73	74	72	68	68	68	71	78	88	91	85	75	73	72	73	74	75	76	75	71	70	70	69	71	73	72	70	64	62	64	66	69	71	71	69	66
New Bedford	86	96	97	90	77	75	74	76	92	102	103	98	87	83	76	76	88	95	95	91	79	73	70	69	73	79	84	76	69	65	64	65	69	74	76	74	70
Newburyport	90	101	105	101	90	85	78	77	90	99	102	97	88	79	77	76	86	92	92	89	83	76	73	72	75	79	82	76	71	67	65	65	68	73	75	72	67
Newport	84	91	91	85	76	75	73	75	91	99	100	97	88	85	77	77	83	91	91	90	85	75	73	71	74	78	79	76	71	67	66	68	70	72	73	72	70
Providence	92	103	109	103	93	84	76	77	93	102	108	104	94	88	83	79	90	97	97	97	90	78	74	72	77	86	90	86	74	69	66	66	70	74	77	75	71
Provincetown	74	84	89	86	75	74	73	73	78	90	93	91	77	75	70	70	72	74	76	75	77	70	69	67	69	73	74	70	67	65	64	66	69	74	75	70	65
Springfield	94	107	113	110	95	84	76	76	94	106	110	107	96	87	78	77	88	93	96	94	88	79	76	74	78	85	89	87	76	70	65	64	68	75	79	78	72
Vineyard Haven	79	90	89	79	73	72	71	74	93	102	102	94	78	76	74	74	83	87	88	83	77	73	73	72	74	78	79	74	65	62	63	66	71	74	75	72	68
Worcester	93	105	109	106	94	84	77	77	90	99	103	100	90	79	75	75	85	90	90	91	85	76	74	72	77	84	87	83	75	69	65	66	70	75	78	76	71

55 60 65 70 75 80 85 90 95 100 105 110 115 120
Heat Index Forecast (°F)

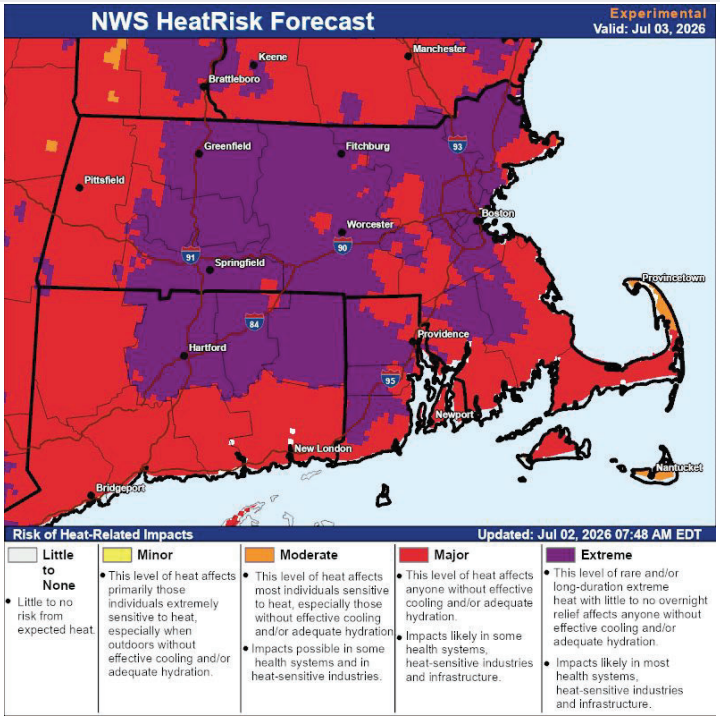
National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Extreme Heat Warning thru Saturday

July 2, 2026
8:10 AM

- Extreme Heat Warning through Saturday.
- Heat peaks today and Friday, with highs 95-100 and heat indices 100-115.
- Extreme heat will impact heat-sensitive individuals, especially those without adequate hydration and cooling.

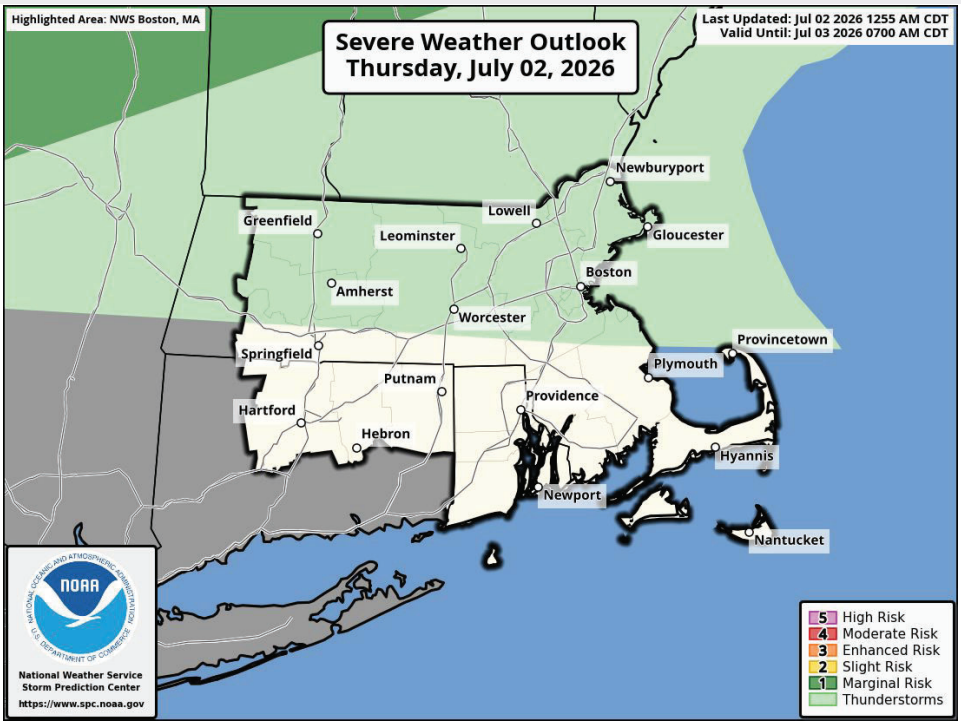


Chance for Severe Weather Today

July 2, 2026
8:10 AM

A few scattered storms are possible.

- A few scattered thunderstorms possible. Severe risk is low but non-zero.
- Main Hazards: Damaging winds, & lightning
- Timing: late afternoon through the evening

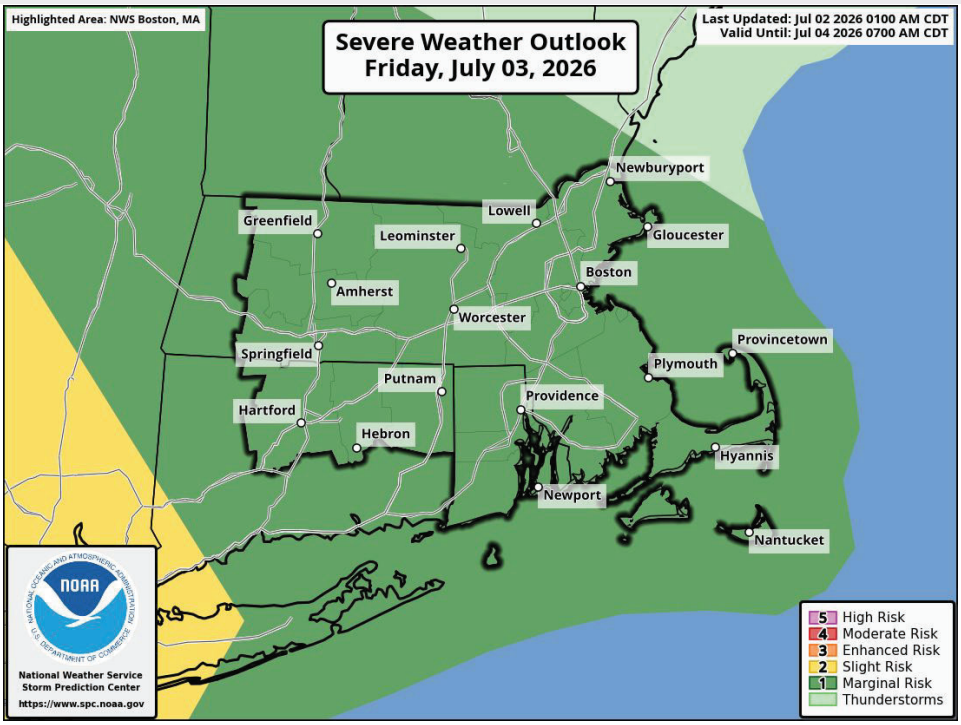


Chance for Severe Weather Friday

July 2, 2026
8:10 AM

Scattered strong to severe thunderstorms possible across Southern New England.

- Scattered thunderstorms. A few strong to severe storms possible.
- Main Hazards: Damaging winds, & lightning.
- Timing: Friday late afternoon through the evening.

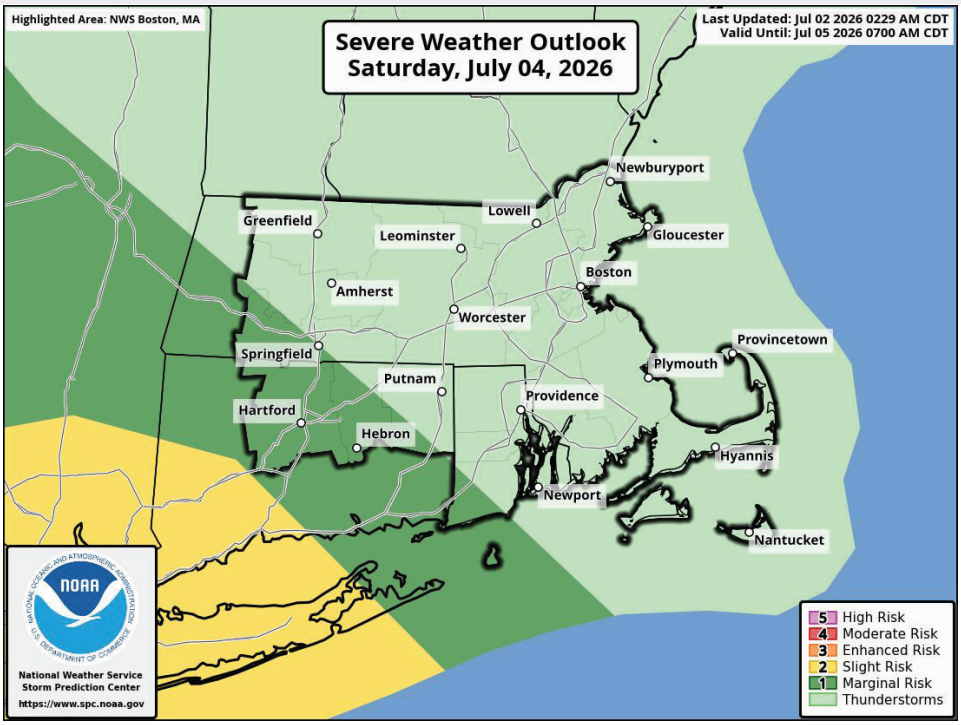


Chance for Severe Weather Saturday

July 2, 2026
8:10 AM

Scattered strong to severe thunderstorms possible.

- Scattered thunderstorms, with the possibility for a few severe thunderstorms, especially across Western MA and Connecticut.
- Main Hazards: Damaging winds & frequent lightning
- Timing: Saturday late afternoon through the evening.



NWS Boston July 4th Weekend EM Briefing

July 2, 2026
8:10 AM

Key Messages:

- **Excessive heat and humidity continues with 90+ highs through Saturday**
  - Extreme Heat Warning in effect through Saturday
  - Heat peaks today and Friday with highs 95-100 and heat indices up to 115

- **Thunderstorm threat each day, with the most risk/coverage on Saturday July 4th.**

NWS Boston - Information Links

July 2, 2026
8:10 AM

- Graphical Hazardous Weather Outlook
- EM Briefing Page
- Coastal Flood Threat Display
- Tropical Weather
- Winter Weather
- Rivers / Tide Gauges (National Water Prediction Service)

508-622-3280
(unlisted 24/7)

National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

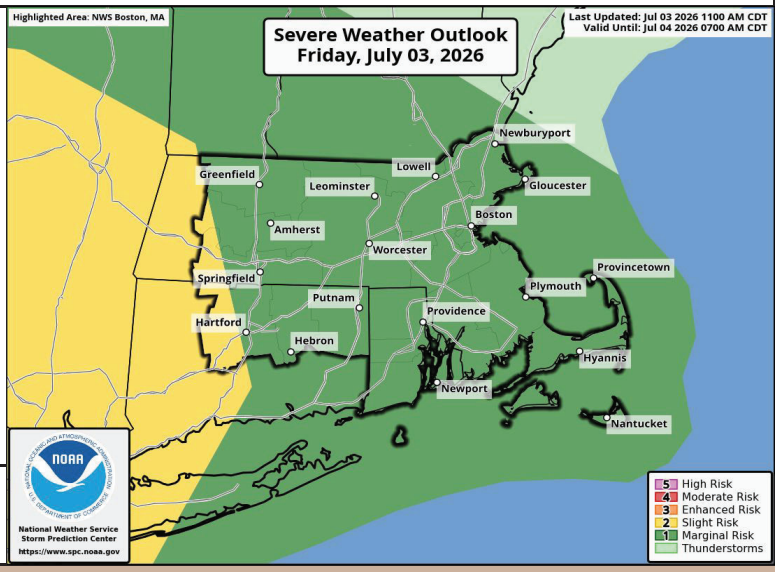
Dangerous Heat/Isolated T-Storm Risk Into Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Dangerous heat and humidity continues Saturday, with Heat Index values between 95 and 101 degrees.
- Isolated severe thunderstorm risk tonight and again Saturday. Greatest risk interior MA & CT.

TIMING	▪ Dangerous heat and humidity through Saturday. ▪ Isolated severe thunderstorm risk tonight and again Saturday…greatest risk western MA/CT.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration. ▪ Isolated severe weather potential tonight and again Sat. Main threat being isolated pocket of strong to damaging wind gusts.
NWS ALERTS	▪ Extreme Heat Warnings for most of southern New England. Heat Advisories for the northern Berks, Cape Cod and Martha's Vineyard through Sat.
FORECAST CHALLENGES	▪ Whether isolated severe thunderstorms impact the region tonight and again Sat. The greatest risk is across interior MA & CT.
POST-EVENT OUTLOOK	▪ Relief from the dangerous heat and humidity arrives on Sunday. Cooler and seasonable temps for much of next week.
NEXT BRIEFING	▪ By 6 AM Saturday.



ISSUED: 7/03/2026 3:00 PM

www.weather.gov/box

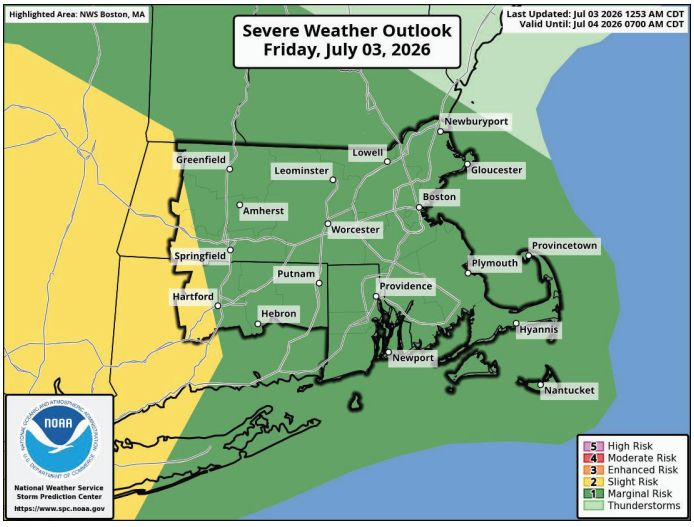
Dangerous Heat/Isolated T-Storm Risk Into Sat

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Dangerous heat and humidity through Saturday.
- Heat Index Values between 100 and 110 degrees today. Heat Indices of 95-100+ on Saturday
- Isolated severe thunderstorm risk tonight and again Saturday. Greatest risk interior MA & CT.

TIMING	▪ Dangerous heat and humidity through Saturday. ▪ Isolated severe thunderstorm risk tonight and again Saturday…greatest risk western MA/CT.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration. ▪ Isolated severe weather potential tonight and again Sat. Main threat being isolated pocket of strong to damaging wind gusts.
NWS ALERTS	▪ Extreme Heat Warnings for most of southern New England. Heat Advisories for the northern Berks, Cape Cod and Martha's Vineyard through Sat.
FORECAST CHALLENGES	▪ Whether isolated severe thunderstorms impact the region tonight and again Sat. The greatest risk is across interior MA & CT.
POST-EVENT OUTLOOK	▪ Relief from the dangerous heat and humidity arrives on Sunday. Cooler and seasonable temps for much of next week.
NEXT BRIEFING	▪ By 4 PM today.



Weather Briefing For Public Safety Officials

July 3, 2026
7:56 AM EDT



BOSTON

National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Key Forecast Messages

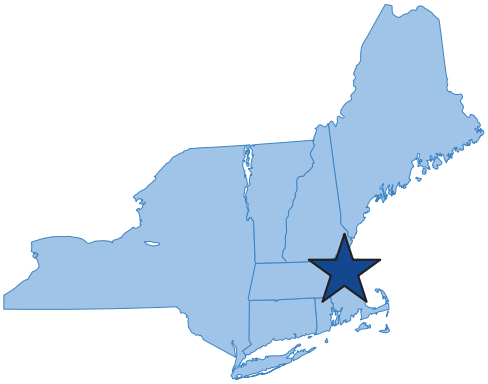
July 3, 2026
7:56 AM EDT

1. Dangerous prolonged heat and humidity through Sat, with afternoon heat indices in the 98 to 115 degree range, with little relief at night.

2. Scattered thunderstorms this afternoon and evening, some of which may be severe.

3. Risk of severe weather and a few t-storms on Independence Day, but greatest risk for more widespread activity right now looks to be to our southwest.

4. Cooler next week.



BOSTON

Forecast - Foxborough

July 3, 2026
7:56 AM EDT

Foxborough

	Friday 07/03						Saturday 07/04							
Time (EDT)	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM	1AM-4AM	4AM-7AM	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM
Temperature (°F) [Max]	86	95	99	99	93	86	81	76	85	91	93	92	84	76
Heat Index (°F) [Max]	93	102	106	106	98	91	84	76	89	95	97	96	87	76
Probability of Precipitation (%) [Max]	0	1	4	8	29	38	33	20	17	21	33	43	41	29
Probability of Thunder [Max]	0	0	2	2	6	27	27	17	17	17	27	27	27	27
Weather Conditions						Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction [Range]	W	WNW	W	W	W	W	WNW	W	WNW	WNW	WNW	WNW	NW	NNW
Wind Gust Speed (mph) [Max]	18	20	22	23	18	10	10	9	13	17	20	20	13	10
Wind Speed (mph) [Max]	8	10	12	13	9	6	5	5	7	9	10	10	7	5
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Providence

July 3, 2026
7:56 AM EDT

Providence, RI

	Friday 07/03						Saturday 07/04							
Time (EDT)	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**	**1AM-4AM**	**4AM-7AM**	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**
Temperature (°F)	86	95	99	99	94	87	81	77	85	92	94	94	87	79
Heat Index (°F)	92	102	106	106	99	92	85	77	89	96	98	98	90	79
Probability of Precipitation (%)	0	2	5	8	29	38	34	20	16	21	33	42	41	30
Probability of Thunder	0	0	2	2	27	27	27	3	16	17	27	27	27	27
Weather Conditions					Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers		Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction	NNW	NNW	NNW	NW	NW	NW	NNW	NNW	N	N	NNW	NNW	N	N
Wind Gust Speed (mph)	18	20	22	23	18	9	8	9	13	15	17	17	12	9
Wind Speed (mph)	8	9	10	10	9	6	6	6	8	9	10	9	6	5
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Boston

July 3, 2026
7:56 AM EDT

Boston

	Friday 07/03						Saturday 07/04							
Time (EDT)	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**	**1AM-4AM**	**4AM-7AM**	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**
Temperature (°F) [Max]	91	97	101	101	96	90	84	79	86	93	94	93	88	80
Heat Index (°F) [Max]	97	101	105	105	100	93	87	79	88	96	97	96	90	82
Probability of Precipitation (%) [Max]	0	1	2	8	23	27	25	17	18	21	29	30	28	21
Probability of Thunder [Max]	0	0	1	2	6	27	25	17	17	17	27	27	27	17
Weather Conditions						Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction [Range]	W	W	W	W	W	W	W	W	WNW	WNW	WNW	WNW	NW	NW
Wind Gust Speed (mph) [Max]	18	20	22	23	21	13	9	9	14	17	18	16	12	9
Wind Speed (mph) [Max]	10	13	13	13	10	9	8	8	10	12	13	12	9	8
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Smithfield, RI

July 3, 2026
7:56 AM EDT

Smithfield, RI

	Friday 07/03						Saturday 07/04							
Time (EDT)	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM	1AM-4AM	4AM-7AM	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM
Temperature (°F) [Max]	84	93	97	97	90	83	79	74	83	89	92	91	84	77
Heat Index (°F) [Max]	90	100	104	104	96	87	79	74	87	94	97	95	87	77
Probability of Precipitation (%) [Max]	0	2	5	9	29	38	34	20	16	20	33	42	41	29
Probability of Thunder [Max]	0	0	2	2	17	27	27	16	16	17	27	27	27	27
Weather Conditions					Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction [Range]	WNW	WNW	WNW	WNW	WNW	W	WNW	WNW	NW	NW	NW	NW	NNW	N
Wind Gust Speed (mph) [Max]	20	21	22	23	18	9	9	9	13	16	18	17	13	9
Wind Speed (mph) [Max]	8	10	10	10	7	5	6	6	8	9	9	8	5	5
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Waltham, MA

July 3, 2026
7:56 AM EDT

Waltham, MA

	Friday 07/03						Saturday 07/04							
Time (EDT)	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**	**1AM-4AM**	**4AM-7AM**	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**
Temperature (°F) [Max]	88	97	100	100	94	87	81	76	85	92	93	92	86	78
Heat Index (°F) [Max]	94	102	105	105	99	91	84	76	88	96	97	96	88	78
Probability of Precipitation (%) [Max]	0	1	3	8	24	29	26	19	18	21	29	30	28	21
Probability of Thunder [Max]	0	0	1	2	6	27	26	17	17	17	27	27	27	17
Weather Conditions						Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction [Range]	W	W	W	W	W	W	W	W	WNW	WNW	WNW	WNW	W	W
Wind Gust Speed (mph) [Max]	18	21	23	24	21	12	9	9	15	20	21	20	14	10
Wind Speed (mph) [Max]	9	12	13	13	9	7	6	6	9	12	12	12	6	6
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Boston's North Shore, MA

July 3, 2026
7:56 AM EDT

Boston's North Shore, MA

	Friday 07/03						Saturday 07/04							
Time (EDT)	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM	1AM-4AM	4AM-7AM	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM
Temperature (°F)	89	97	100	100	95	89	85	80	86	92	93	93	88	81
Heat Index (°F)	94	101	104	104	98	92	88	82	88	95	95	95	90	83
Probability of Precipitation (%)	0	0	1	8	23	27	25	17	17	21	29	30	28	20
Probability of Thunder	0	0	1	2	6	27	25	17	17	17	27	27	27	17
Weather Conditions						Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction	W	W	W	W	W	W	W	W	WNW	WNW	WNW	WNW	NW	NW
Wind Gust Speed (mph)	18	20	21	22	20	12	9	10	13	16	16	14	10	9
Wind Speed (mph)	10	12	13	14	10	8	8	9	10	12	12	10	9	8
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Greater Springfield Area, MA

July 3, 2026
7:56 AM EDT

Greater Springfield Area, MA

	Friday 07/03						Saturday 07/04							
Time (EDT)	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**	**1AM-4AM**	**4AM-7AM**	**7AM-10AM**	**10AM-1PM**	**1PM-4PM**	**4PM-7PM**	**7PM-10PM**	**10PM-1AM**
Temperature (°F)	86	95	99	99	93	85	78	76	84	91	95	95	88	78
Heat Index (°F)	93	101	104	104	98	90	78	76	88	97	100	99	91	78
Probability of Precipitation (%)	0	2	9	19	35	38	34	20	21	20	31	38	40	30
Probability of Thunder	0	0	3	4	27	27	27	17	17	17	27	27	27	27
Weather Conditions					Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction	W	WNW	WNW	WNW	W	WNW	WNW	W	NW	NW	NW	NW	NW	N
Wind Gust Speed (mph)	20	21	24	24	18	10	7	8	12	16	21	20	12	9
Wind Speed (mph)	8	13	14	14	10	8	5	5	7	9	12	10	7	6
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Forecast - Greater Worcester Area, MA

July 3, 2026
7:56 AM EDT

Greater Worcester Area, MA

	Friday 07/03						Saturday 07/04							
Time (EDT)	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM	1AM-4AM	4AM-7AM	7AM-10AM	10AM-1PM	1PM-4PM	4PM-7PM	7PM-10PM	10PM-1AM
Temperature (°F)	84	93	98	98	91	84	79	76	82	89	90	90	82	76
Heat Index (°F)	88	97	103	103	96	88	79	76	85	93	93	93	84	76
Probability of Precipitation (%)	0	2	5	9	26	33	29	19	18	20	30	36	31	22
Probability of Thunder	0	0	2	2	26	27	27	17	17	17	27	27	27	17
Weather Conditions					Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers	Tstorms, Rain Showers
Wind Direction	WNW	WNW	WNW	WNW	W	W	W	WNW	WNW	WNW	WNW	WNW	WNW	NW
Wind Gust Speed (mph)	21	22	24	25	20	10	10	10	15	20	20	20	13	8
Wind Speed (mph)	12	14	14	13	9	9	9	9	10	12	13	12	7	6
NWS Hazardous Weather Alerts	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	Extreme Heat Warning	---

Friday: Hot & humid with an Extreme Heat Warning in effect. Scattered thunderstorms possible in the late afternoon into the overnight hours.

Saturday: Hot & humid with an Extreme Heat Warning in effect. Low risk of severe weather and a few t-storms.

Weather Risk Outlook

July 3, 2026
7:56 AM EDT

3-Day Outlook

	Friday, July 3rd	Saturday, July 4th	Sunday, July 5th
Heat	Extreme Heat Warning	Extreme Heat Warning	
Severe Weather Wind / Hail / Tornadoes	All of MA/RI/CT	Better chance of severe storms than Thu/Fri. All of MA/RI/CT	
Lightning	All of MA/RI/CT	All of MA/RI/CT	
Heavy Rain	Heavy downpours possible with any thunderstorms	Heavy downpours possible with any thunderstorms	
High Wind			

Risk Levels	Little to None	Minor	Moderate	Major	Extreme

National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Very Hot Through Saturday

July 3, 2026
7:56 AM EDT

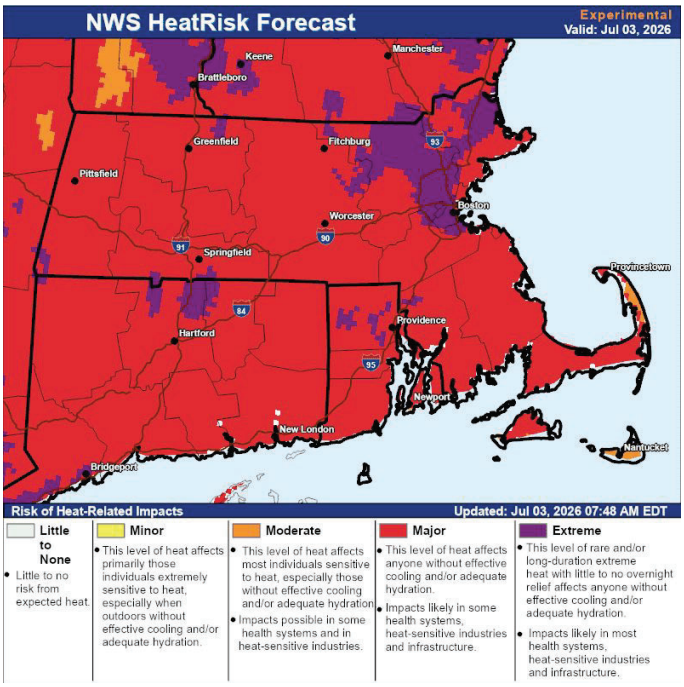
What to Expect:

Major to Extreme Heat Risk

- Impacts to heat sensitive individuals.
- Impacts possible for those without adequate hydration and cooling.
- **Feels like temperatures:** 98-115 F likely away from immediate coast.

Forecast Confidence:

Low	Medium	**High**



Severe Weather Threat - Friday

July 3, 2026
7:56 AM EDT

Not everyone will see storms, but frequent lightning will be a concern with any storm that develops.

What to Expect:

Scattered strong to severe thunderstorms are possible late Friday evening and overnight across Southern New England.

Storms are most likely 5 PM - 10 PM

Threat Level by Hazard:

Damaging Winds
Gusts up to 60 mph

0	1	**2**	3	4	5

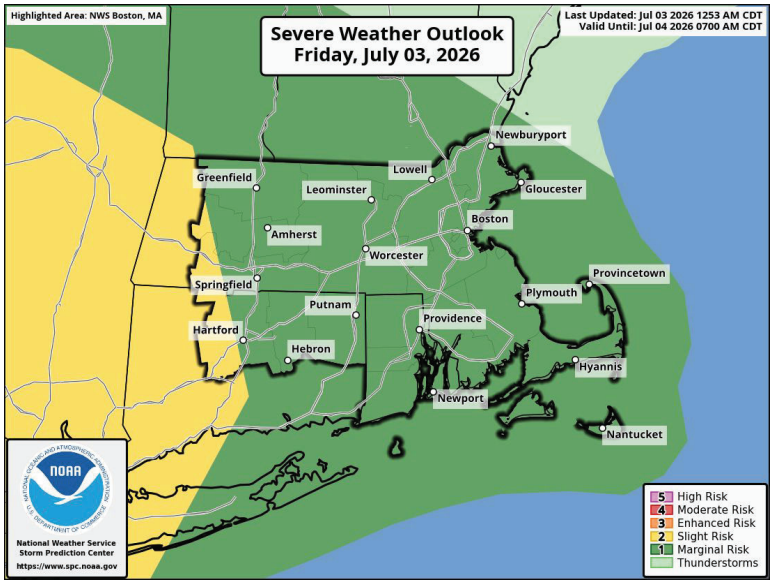
Damaging Hail
Up to 1 inch

0	1	2	3	4	5

Tornadoes
No threat.

0	1	2	3	4	5

Severe Weather Threat Level 0 | **1** | 2 | 3 | 4 | 5



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Severe Weather Threat - Saturday

July 3, 2026
7:56 AM EDT

Not everyone will see storms, but frequent lightning will be a concern with any storm that develops.

What to Expect:

Scattered strong to severe thunderstorms are possible Saturday afternoon and evening across Southern New England.

Storms are most likely in the late afternoon and evening.

Threat Level by Hazard:

Damaging Winds
Gusts up to 60 mph

0	**1**	2	3	4	5

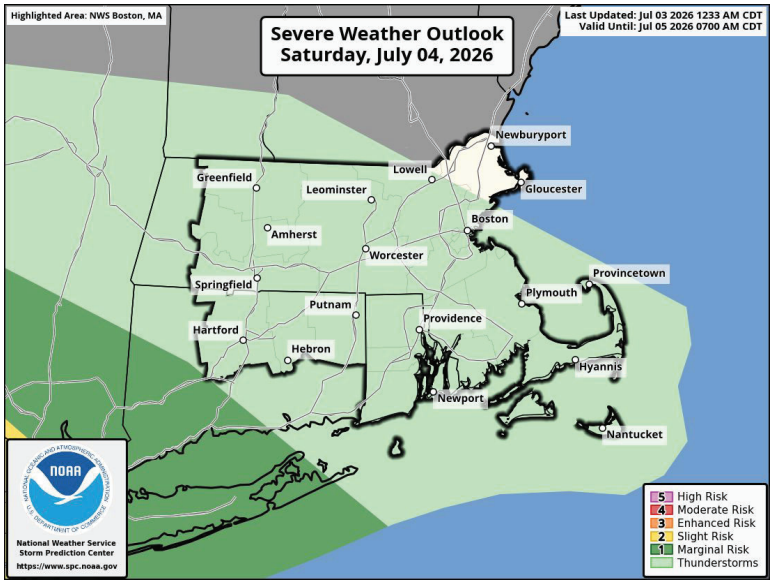
Damaging Hail
Up to 1 inch

0	1	2	3	4	5

Tornadoes
No threat.

0	1	2	3	4	5

Severe Weather Threat Level 0 | 1 | **2** | 3 | 4 | 5



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Contact and Next Briefing Information

July 3, 2026
7:56 AM EDT

Next Daily Briefing

- By 9:00 AM, Saturday July 4th
- Method: Email

Contact Information

Web
- weather.gov/box

Phone
- (508)-622-3280 (24x7)

Email
- box.operations@noaa.gov

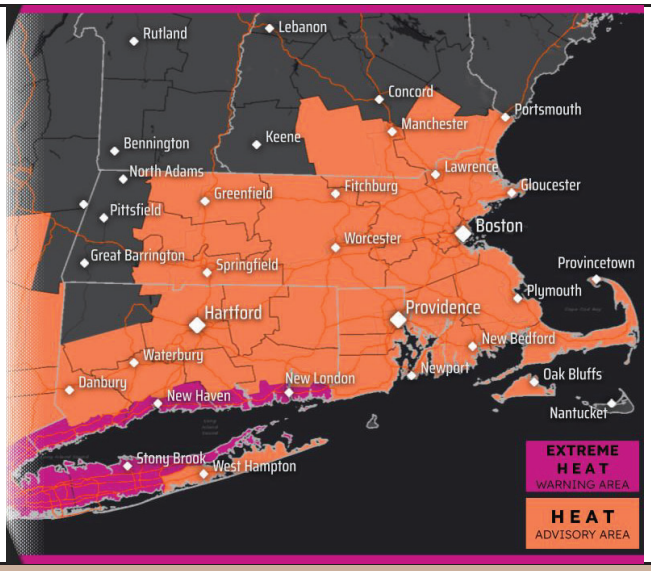
Hot & Humid Today: Isolated T-Storms Possible

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Hot and Humid Today. Heat Indices of 95 to 102 degrees
- Isolated thunderstorms are possible this afternoon and tonight…but they are not expected to be widespread with most of the time featuring dry weather.

TIMING	▪ Heat Advisory through 8 PM this evening for most of the region. ▪ Isolated thunderstorms possible this afternoon and tonight.
HAZARDS & IMPACTS	▪ Heat related illness, particularly to those most vulnerable without access to effective cooling and hydration. ▪ Main severe weather threat/damaging wind gust risk is to our southwest. Just a low risk of an isolated severe t-storm in our region.
NWS ALERTS	▪ Heat Advisories are in effect for most of southern New England through 8 pm this evening.
FORECAST CHALLENGES	▪ Areal coverage and timing of any thunderstorms this afternoon and tonight. Currently they look to be isolated with much of the day and night featuring dry weather.
POST-EVENT OUTLOOK	▪ Relief from the dangerous heat and humidity arrives on Sunday. Potential for a soaking rain sometime early next week as well.
NEXT BRIEFING	▪ Final briefing.



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www.weather.gov/box

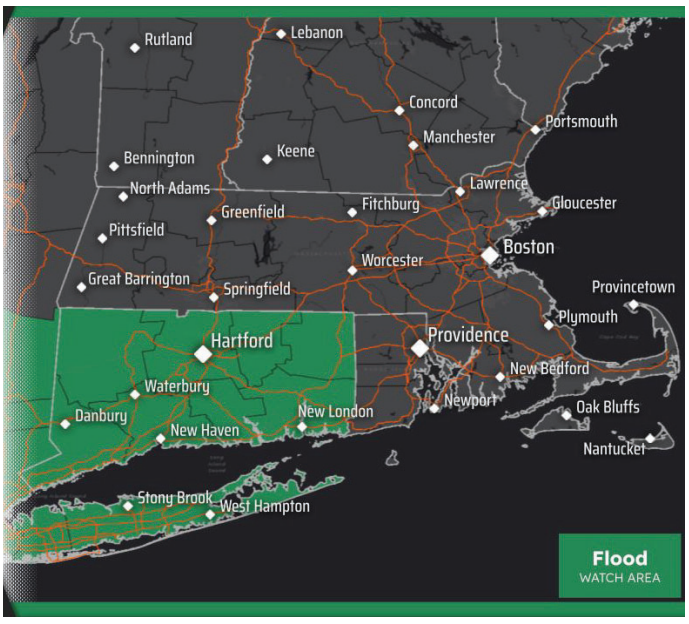
Flood Watch For Connecticut

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Flood Watch for Connecticut. Widespread rainfall of 1-3".
- Narrow bands of torrential rainfall may result in localized 4-6" amounts inside 6 hours, bringing the potential of flash flooding.

TIMING	▪ Late tonight into Tuesday afternoon.
HAZARDS & IMPACTS	▪ The potential of urban and/or river/small stream flash flooding.
NWS ALERTS	▪ Flood Watch for Connecticut.
FORECAST CHALLENGES	▪ Location of where potential narrow bands of torrential rainfall setup remains uncertain. ▪ Later shifts may need to expand the Flood Watch further north and east.
POST-EVENT OUTLOOK	▪ Seasonable temps with drier weather return by Wednesday.
NEXT BRIEFING	▪ By 4 PM Today.



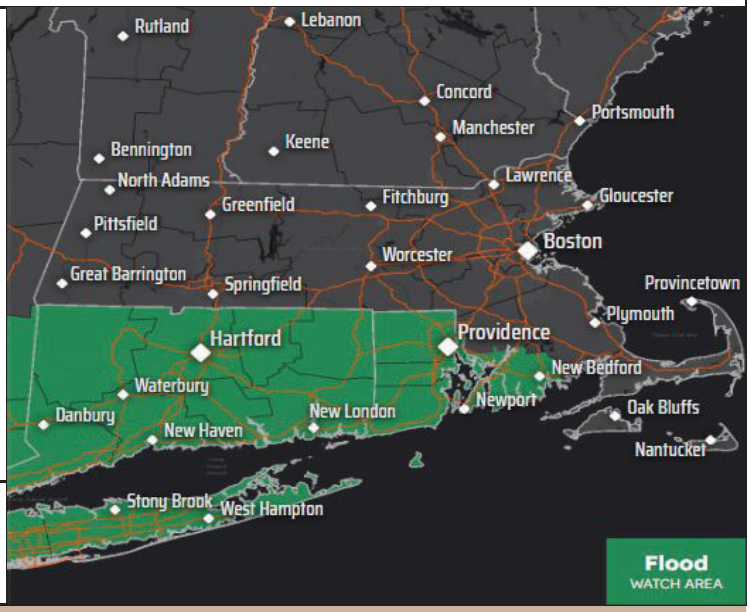
Flood Watch Through Tuesday

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Flood Watch for Connecticut, Rhode Island, and Bristol County, MA. Widespread rainfall of 1-3".
- Narrow bands of torrential rainfall may result in localized 4-6" amounts inside 6 hours, bringing the potential of flash flooding.

TIMING	▪ Late tonight into Tuesday afternoon.
HAZARDS & IMPACTS	▪ The potential of urban and/or river/small stream flash flooding.
NWS ALERTS	▪ Flood Watch has been expanded to include all of Connecticut, Rhode Island, and Bristol County, MA.
FORECAST CHALLENGES	▪ Location of where potential narrow bands of torrential rainfall setup remains uncertain. ▪ Later shifts may need to expand the Flood Watch further north and east.
POST-EVENT OUTLOOK	▪ Seasonable temps with drier weather return by Wednesday.
NEXT BRIEFING	▪ By 8 AM Monday.



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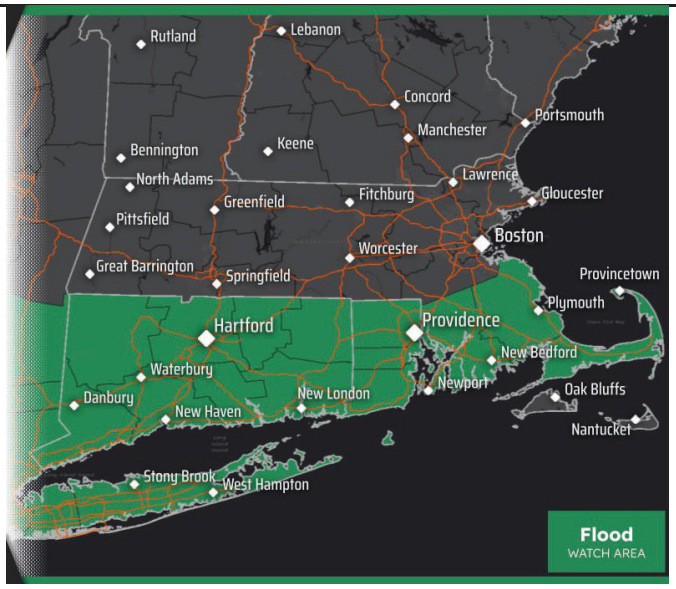
Flood Watch Through Tuesday

Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Flood Watch for Connecticut, Rhode Island, and southeast MA. Widespread rainfall of 1-3".
- Narrow bands of torrential rainfall may result in localized 4-6" amounts inside 6 hours, bringing the potential of flash flooding.

TIMING	▪ Today Into Tuesday afternoon.
HAZARDS & IMPACTS	▪ The potential of urban and/or river/small stream flash flooding.
NWS ALERTS	▪ Flood Watch has been expanded to include all of Connecticut, Rhode Island, and southeast MA.
FORECAST CHALLENGES	▪ Location of where potential narrow bands of torrential rainfall setup remains uncertain.
POST-EVENT OUTLOOK	▪ Seasonable temps with drier weather return by Wednesday.
NEXT BRIEFING	▪ By 4 PM Today.



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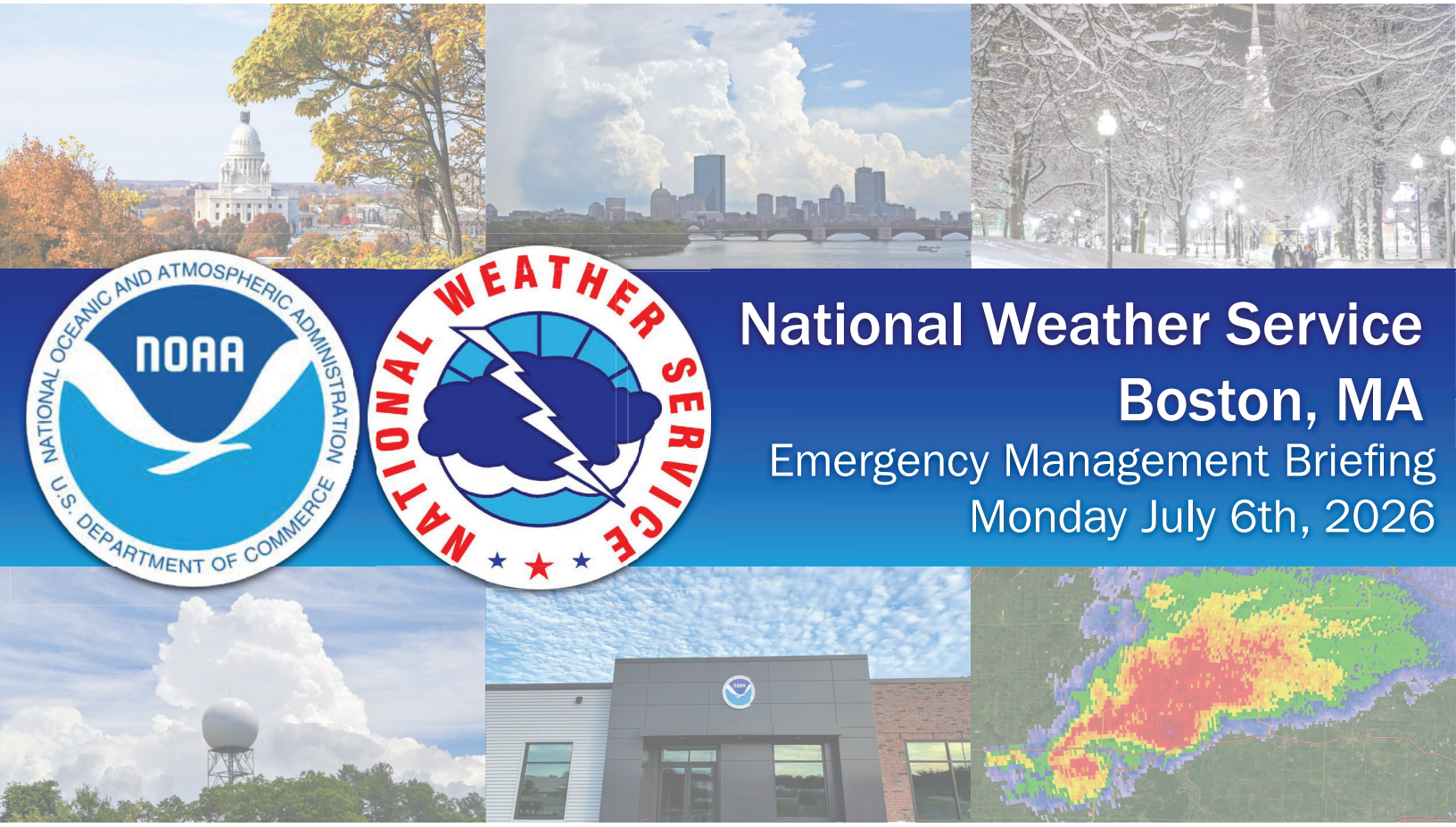

NOAA
NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION
U.S. DEPARTMENT OF COMMERCE
NATIONAL WEATHER SERVICE
National Weather Service
Boston, MA
Emergency Management Briefing
Monday July 6th, 2026

NWS Boston Monday EM Briefing

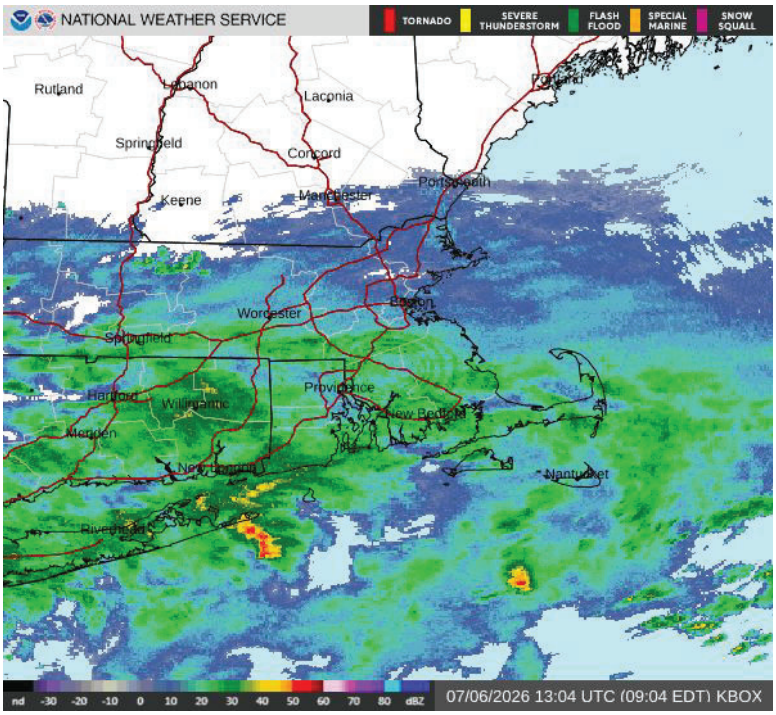
July 6, 2026
9:30 AM

Key Messages:

- **Periods of heavy rain & possibly a few embedded t-storms today into Tue across parts of CT/RI/SE MA.**
  - **Localized flash flooding possible dependent on if the heaviest bands setup in our region.**
- **Summer warmth & humidity return for the latter half of the week. Mainly dry weather returns Wed into Thu.**
- **Risk for a few showers & t-storms returns by Fri perhaps lingering into Sat.**

Current Radar

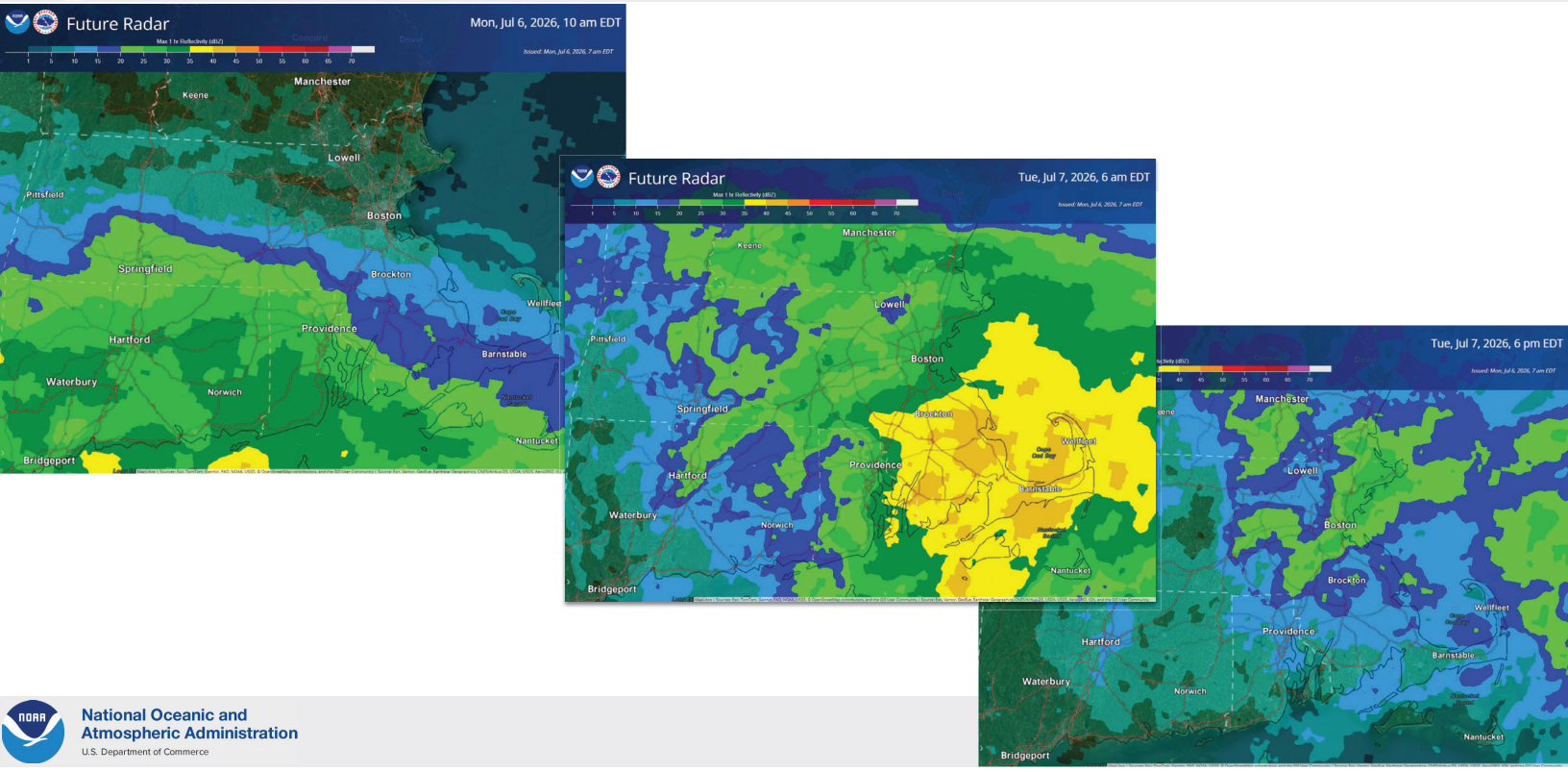
July 6, 2026
9:30 AM



Future Radar

July 6, 2026
9:30 AM

Heaviest Rain Monday Night/Tuesday Morning



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

Flash Flooding Threat - Monday Evening - Tuesday

July 6, 2026
9:30 AM EDT

There is a risk for flash flooding Monday Night into Tuesday

What to Expect:

Heavy rainfall leading to flash flooding possible Monday night into Tuesday.
Urban & small stream flooding cannot be ruled out.

Monday Evening into Tuesday.

Forecast Confidence:

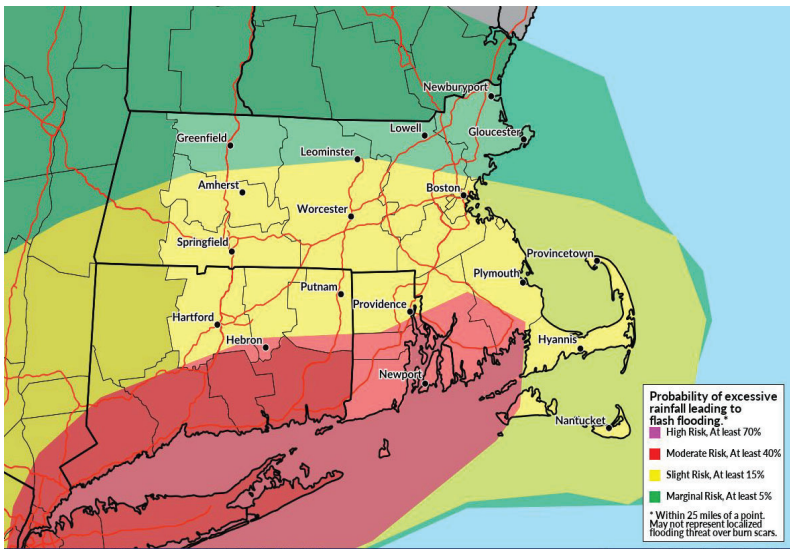
Low	**Medium**	High

Additional Details:

- Widespread totals of 1-3” over CT. Localized totals of 4-6” in heavier rainfall bands possible.

Flash Flooding Threat Level

1	2	**3**	4



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Precipitation Chances

July 6, 2026
9:30 AM

- Periods of heavy rain & possibly a few embedded t-storms today into Tue across parts of CT/RI/SE MA.
- Localized flash flooding possible dependent on if the heaviest bands setup in our region.
- Risk for a few showers & t-storms returns by Fri perhaps lingering into Sat.

Probability of Precipitation (%) & Probability of Thunder (%) Forecast

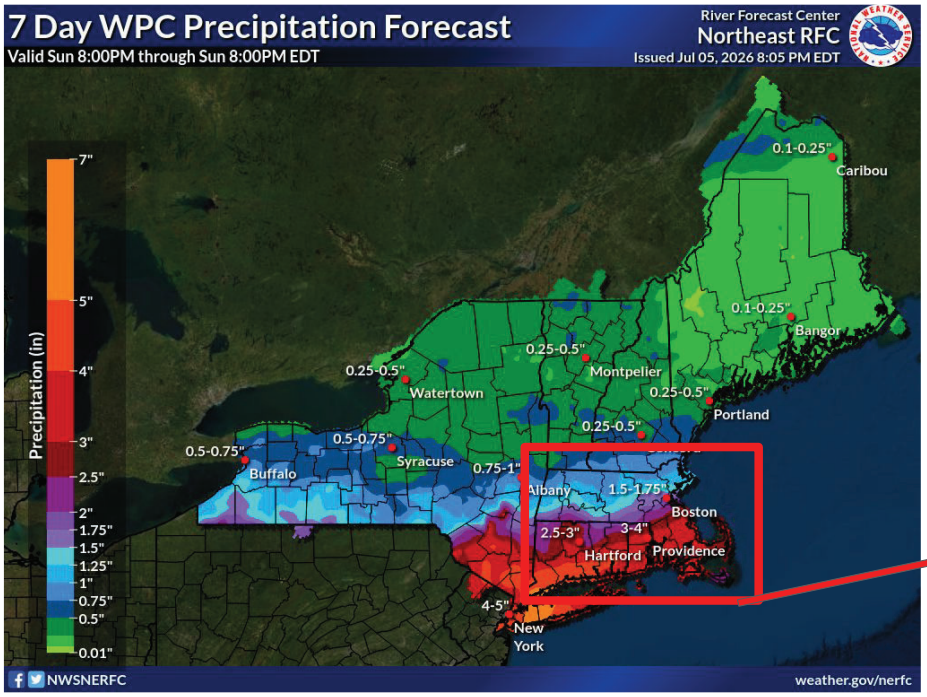
		7/6 Mon		7/7 Tue				7/8 Wed				7/9 Thu				7/10 Fri				7/11 Sat				7/12 Sun				7/13 Mon		
		12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm
Block Island	PoP	100	100	100	80	65	30	25	15	0	0	0	0	5	0	10	15	15	25	15	15	20	25	15	10	10	10	15	15	15
	PoT	30	38	26	21	8	3	2	1	0	0	0	0	0	0	7	13	10	20	13	10	8	15	13	8	7	11	11	8	-
Boston	PoP	20	45	80	85	75	45	30	15	0	0	0	0	5	0	10	10	20	45	20	15	20	25	15	10	10	20	20	20	20
	PoT	2	9	15	9	4	7	5	0	0	0	0	0	1	1	8	7	9	25	12	5	9	24	13	3	6	17	12	4	-
Brockton	PoP	65	75	100	100	75	45	35	15	0	0	0	0	0	0	10	10	20	40	20	15	20	25	20	10	5	20	20	20	20
	PoT	6	18	23	12	4	5	6	0	0	0	0	0	0	2	8	10	12	27	11	6	11	24	12	3	7	16	12	5	-
Gloucester	PoP	10	25	60	85	75	45	35	10	0	0	0	0	0	0	10	10	15	40	15	15	20	20	15	10	5	15	20	20	20
	PoT	0	4	11	9	4	6	5	0	0	0	0	0	1	2	7	4	6	20	13	4	8	20	15	4	5	14	13	5	-
Greenfield	PoP	40	45	70	75	55	20	15	5	5	0	0	0	0	5	15	15	25	55	20	20	20	30	15	15	10	20	15	15	15
	PoT	2	5	6	2	4	9	2	0	0	0	0	0	1	6	10	3	11	31	13	4	11	29	13	3	6	18	14	5	-
Hartford	PoP	100	100	100	75	50	25	15	10	5	0	0	0	0	5	15	15	20	45	20	15	20	30	15	10	10	20	15	15	15
	PoT	16	24	19	5	7	11	1	0	0	0	0	0	2	3	15	12	19	37	13	6	10	30	13	3	7	20	14	4	-
Hyannis	PoP	75	80	100	100	75	50	40	25	0	5	0	0	0	0	5	15	15	25	20	15	20	20	20	10	5	10	20	20	25
	PoT	9	17	27	21	7	3	2	1	0	0	0	0	0	0	1	7	8	16	8	8	11	14	11	5	7	4	10	7	-
Lowell	PoP	10	25	60	80	70	40	25	15	0	0	0	0	0	0	10	10	20	50	15	20	20	25	15	10	5	20	15	15	15
	PoT	0	5	8	5	3	7	4	0	0	0	0	0	1	2	7	2	7	25	11	4	8	25	13	3	6	19	12	3	-
Nantucket	PoP	100	85	100	80	70	45	35	20	0	5	0	0	0	0	5	15	20	25	25	20	20	20	25	15	5	5	15	25	25
	PoT	11	20	29	25	8	3	3	2	1	0	0	0	0	0	0	6	11	15	8	5	10	10	10	6	6	1	8	7	-
New Bedford	PoP	100	100	100	100	75	40	35	15	0	0	0	0	0	0	10	15	20	35	20	15	20	25	20	10	10	15	15	15	20
	PoT	16	27	31	17	5	4	4	1	0	0	0	0	1	1	5	11	11	24	11	7	12	21	12	4	9	13	11	6	-
Newburyport	PoP	10	15	50	75	70	45	30	5	0	0	0	0	0	0	10	10	20	45	15	15	20	20	15	10	10	20	20	15	20
	PoT	0	2	6	6	3	6	4	0	0	0	0	0	1	2	7	2	6	22	12	3	8	21	16	3	5	17	13	3	-
Newport	PoP	100	100	100	100	70	40	30	15	0	0	0	0	5	0	10	15	20	35	20	15	20	25	20	10	10	15	15	15	15
	PoT	23	32	30	19	6	3	4	1	0	0	0	0	1	1	6	12	13	25	12	9	12	21	13	6	8	14	12	7	-
Providence	PoP	100	100	100	85	70	40	25	10	0	0	0	0	0	0	10	15	20	40	20	15	20	25	20	10	5	20	20	15	15
	PoT	14	26	26	13	5	5	5	0	0	0	0	0	2	2	8	12	16	31	12	7	13	26	13	4	7	18	13	6	-
Provincetown	PoP	40	60	85	100	75	50	30	15	0	0	0	0	0	0	10	15	15	30	20	15	20	20	15	15	5	5	20	20	20
	PoT	2	8	19	19	6	2	4	1	0	0	0	0	0	0	2	6	7	15	10	8	10	15	12	6	5	6	11	7	-
Springfield	PoP	100	85	100	75	50	25	10	10	5	0	0	0	0	5	15	15	25	50	20	15	20	30	15	10	10	20	15	15	15
	PoT	7	13	14	3	5	11	1	0	0	0	0	1	4	14	8	16	37	13	5	10	31	13	2	6	19	15	4	-	
Vineyard Haven	PoP	100	100	100	85	70	45	35	20	0	5	0	0	0	0	10	15	20	25	20	20	20	20	20	10	10	15	20	20	20
	PoT	15	26	33	20	6	3	3	2	0	0	0	0	0	0	2	8	9	18	10	6	11	15	10	4	8	7	9	6	-
Worcester	PoP	50	60	85	85	70	40	25	10	0	5	0	0	0	5	10	10	20	50	20	20	20	30	15	10	5	20	15	10	15
	PoT	4	12	14	6	4	8	3	0	0	0	0	0	2	3	10	6	13	32	12	5	10	28	13	2	7	19	13	4	-

Probability of Precipitation Forecast (%): 10 20 30 40 50 60 70 80 90 100

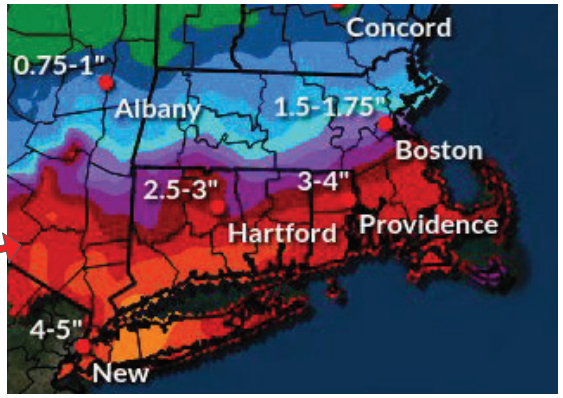
Probability of Thunder Forecast (%): 10 20 30 40

7 Day Precipitation Forecast

July 6, 2026
9:30 AM



Widespread 1-3” of rain forecast
Mon-Tue with localized amounts 4-6”



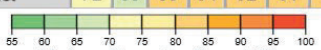
Temperature Forecast

July 6, 2026
9:30 AM

Summer warmth & humidity return for the latter half of the week.

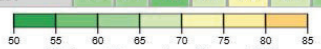
Maximum Temperature (°F) Forecast

	7/6 Mon	7/7 Tue	7/8 Wed	7/9 Thu	7/10 Fri	7/11 Sat	7/12 Sun	7/13 Mon
Block Island	70	67	72	77	78	76	75	76
Boston	75	66	80	88	82	80	83	82
Brockton	71	68	82	88	85	81	84	82
Gloucester	71	67	71	83	75	74	76	77
Greenfield	72	68	85	89	85	84	85	79
Hartford	71	70	85	88	88	84	87	83
Hyannis	72	68	73	81	82	79	81	77
Lowell	76	69	85	90	85	83	84	83
Nantucket	69	69	69	74	75	74	76	74
New Bedford	72	70	79	81	81	81	80	78
Newburyport	75	68	79	88	79	82	79	80
Newport	70	68	75	80	80	78	79	77
Providence	72	68	83	87	85	81	83	81
Provincetown	72	65	71	79	79	77	79	75
Springfield	73	70	86	88	89	84	86	85
Vineyard Haven	70	69	72	79	80	77	79	74
Worcester	72	66	83	84	82	81	82	79



Minimum Temperature (°F) Forecast

	7/6 Mon	7/7 Tue	7/8 Wed	7/9 Thu	7/10 Fri	7/11 Sat	7/12 Sun	7/13 Mon
Block Island	63	63	62	68	71	68	67	69
Boston	65	63	60	69	72	69	67	67
Brockton	65	63	60	65	71	66	64	65
Gloucester	66	61	59	67	67	66	66	66
Greenfield	65	62	57	63	69	63	61	67
Hartford	65	63	62	69	73	69	67	71
Hyannis	66	63	62	68	71	68	66	66
Lowell	67	62	58	65	71	65	63	65
Nantucket	62	63	62	64	68	64	64	66
New Bedford	65	63	61	66	70	67	64	64
Newburyport	66	62	59	67	68	65	65	66
Newport	63	63	63	67	72	70	68	67
Providence	64	63	60	69	71	67	66	67
Provincetown	65	62	61	67	68	67	66	65
Springfield	66	63	58	66	72	66	64	68
Vineyard Haven	64	64	62	64	69	65	62	65
Worcester	62	61	58	68	70	65	63	65



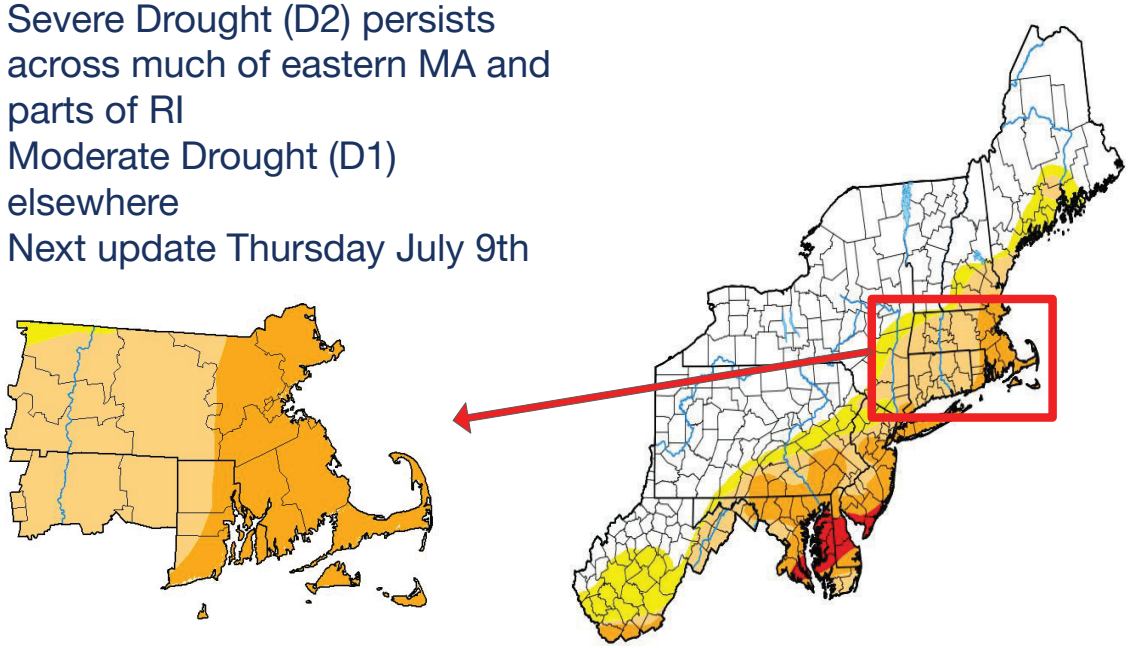
National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

US Drought Monitor

July 6, 2026
9:30 AM

- Severe Drought (D2) persists across much of eastern MA and parts of RI
- Moderate Drought (D1) elsewhere
- Next update Thursday July 9th



Map released: Thurs. July 2, 2026
Data valid: June 30, 2026 at 8 a.m. EDT

Intensity

- None
- D0 (Abnormally Dry)
- D1 (Moderate Drought)
- D2 (Severe Drought)
- D3 (Extreme Drought)
- D4 (Exceptional Drought)
- No Data

Authors

United States and Puerto Rico Author(s):
Brad Rippey, U.S. Department of Agriculture

Pacific Islands and Virgin Islands Author(s):
Richard Tinker, NOAA/NWS/NCEP/CPC

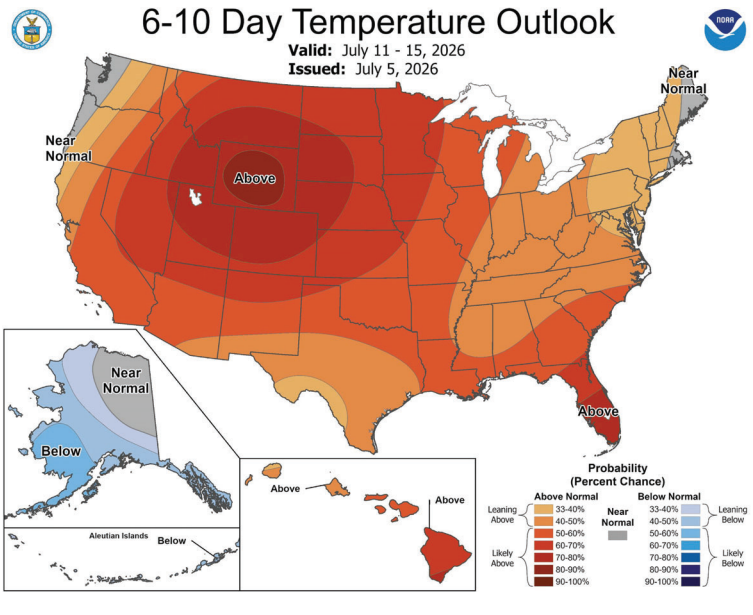
National Oceanic and Atmospheric Administration
U.S. Department of Commerce

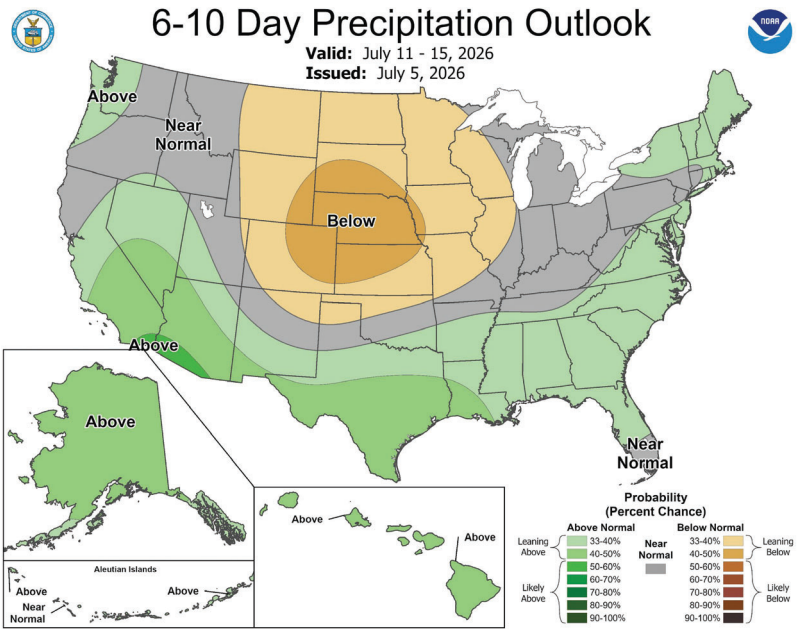
National Weather Service
Boston / Norton, MA

6-10 Day Outlook: July 11th-15th

July 6, 2026
9:30 AM

Odds favor above average temperatures and above normal precipitation





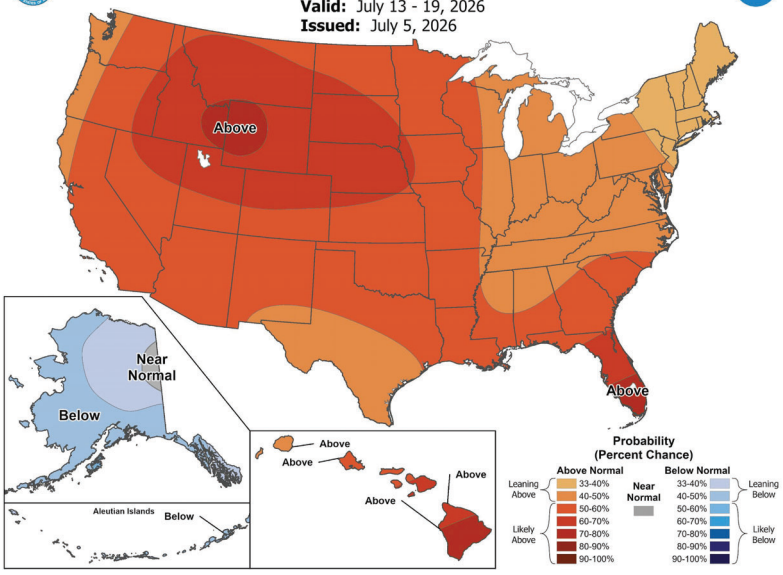
8-14 Day Outlook: July 13th-19th

July 6, 2026
9:30 AM

Odds favoring above normal temperatures and above normal precipitation

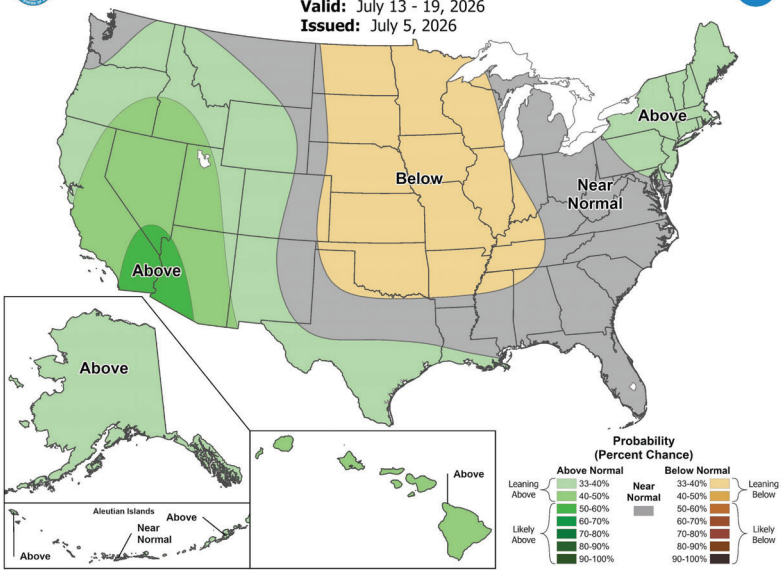
8-14 Day Temperature Outlook

Valid: July 13 - 19, 2026
Issued: July 5, 2026



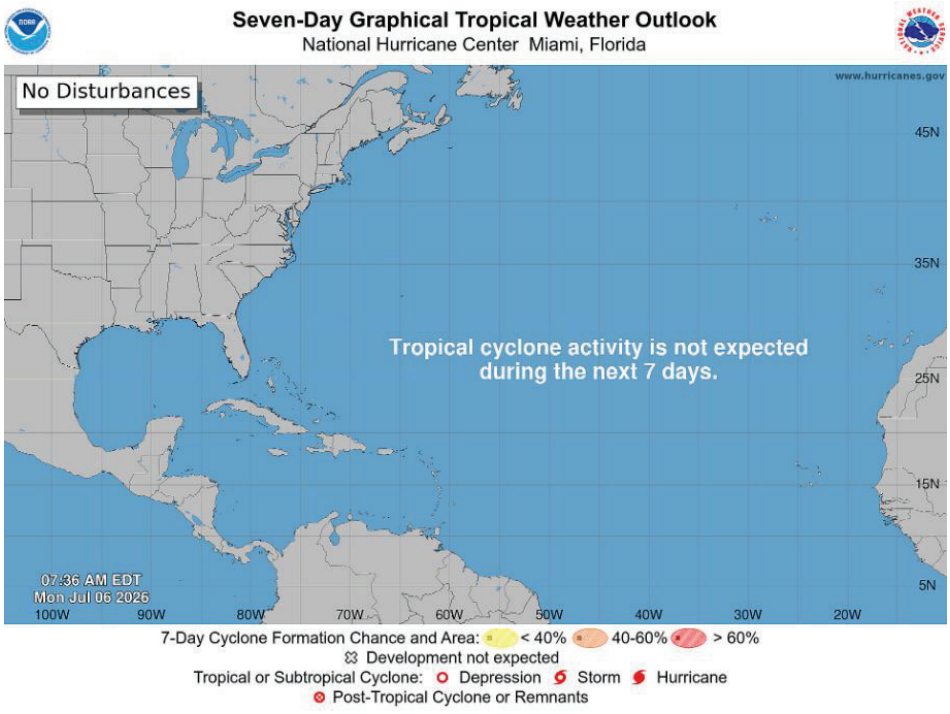
8-14 Day Precipitation Outlook

Valid: July 13 - 19, 2026
Issued: July 5, 2026



7 Day Tropical Outlook

July 6, 2026
9:30 AM



- No tropical cyclone activity expected in the next 7 days

NWS Boston Monday EM Briefing

July 6, 2026
9:30 AM

Key Messages:

- **Periods of heavy rain & possibly a few embedded t-storms today into Tue across parts of CT/RI/SE MA.**
  - **Localized flash flooding possible dependent on if the heaviest bands setup in our region.**
- **Summer warmth & humidity return for the latter half of the week. Mainly dry weather returns Wed into Thu**
- **Risk for a few showers & t-storms returns by Fri perhaps lingering into Sat.**

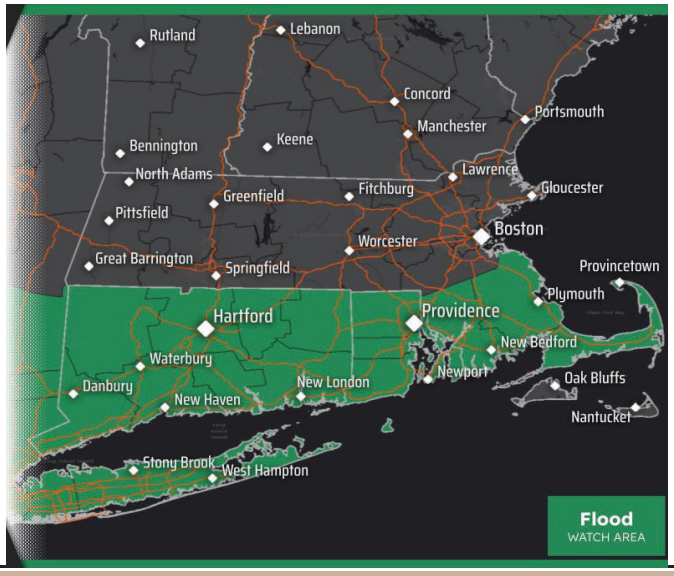
Flood Watch Through Tuesday

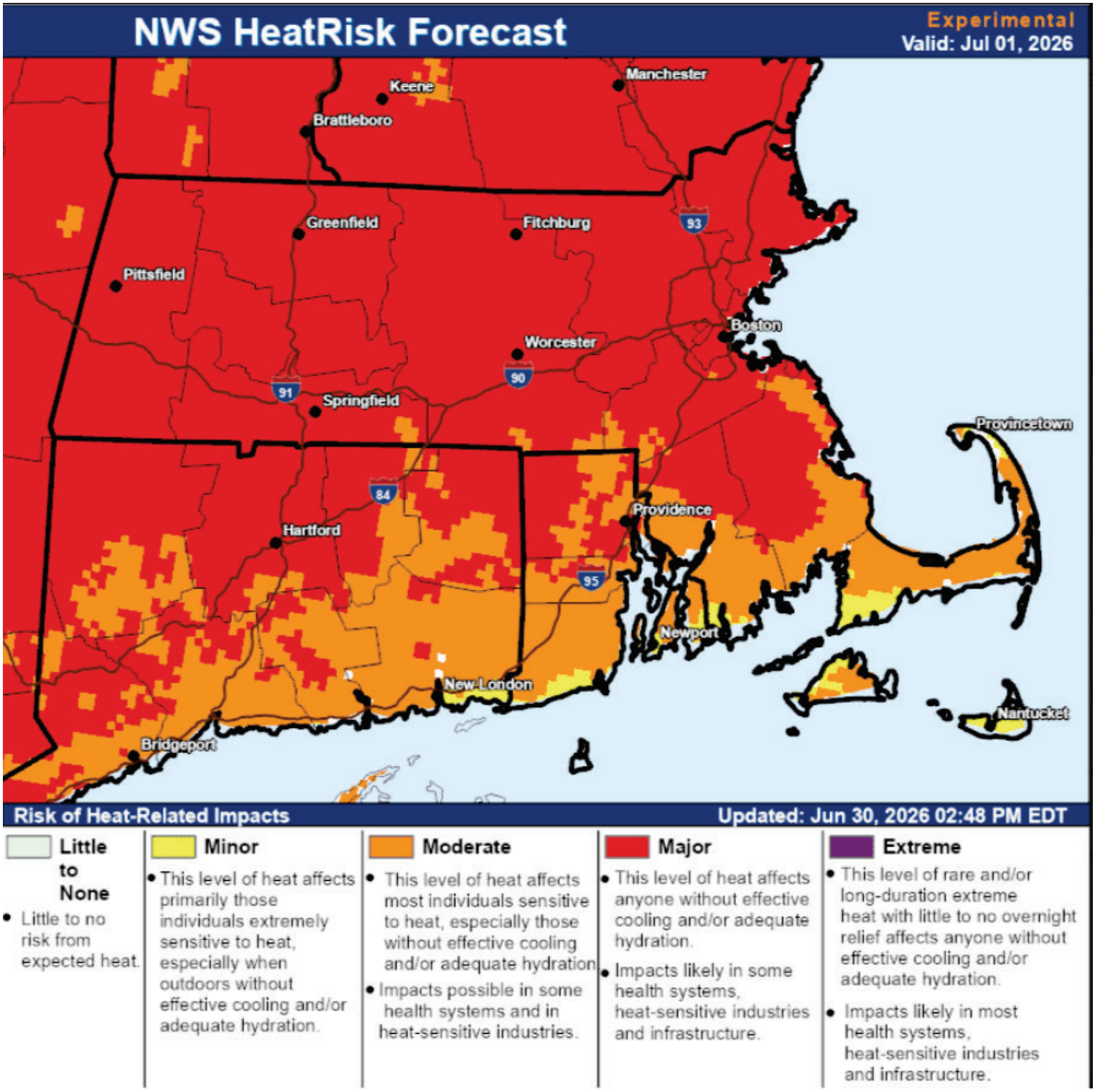
Boston/Norton, MA
WEATHER FORECAST OFFICE

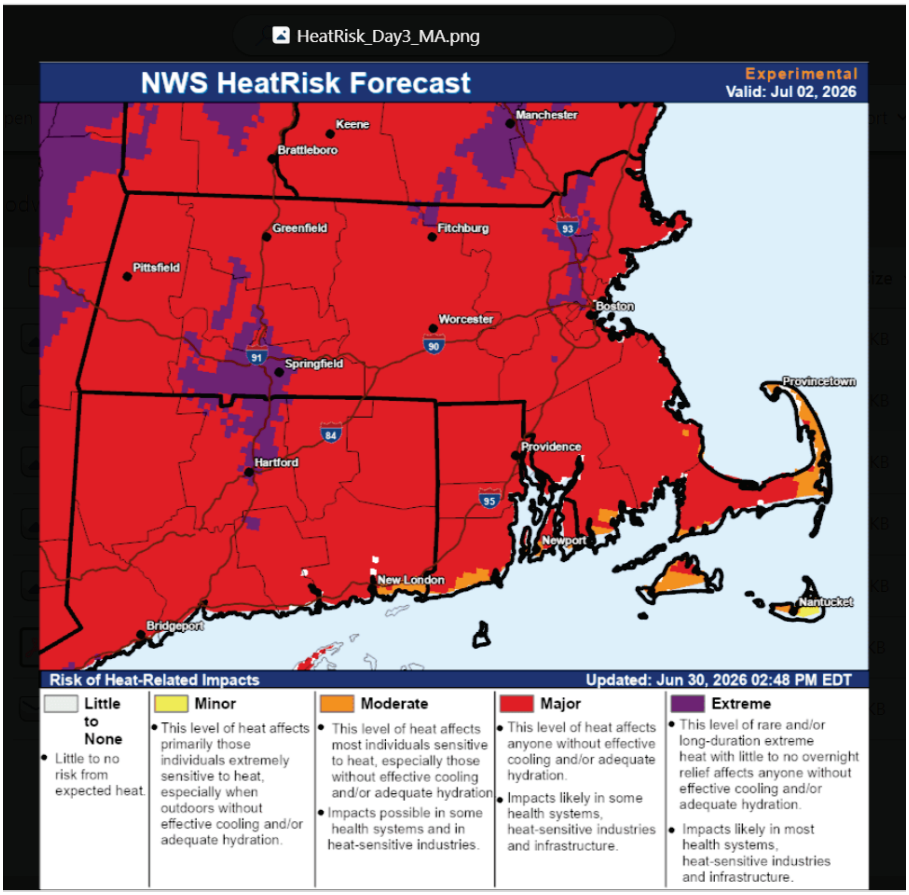
OVERVIEW:

- Flood Watch for Connecticut, Rhode Island, and southeast MA. Widespread rainfall of 1-3" across those areas.
- Narrow bands of torrential rainfall may cause localized 4-6" amounts within 6 hours and the potential of flash flooding.

TIMING	▪ CT: risk for heavy rainfall continues through early Tuesday ▪ RI/SE MA: risk for heavy rainfall late this evening until midday Tuesday
HAZARDS & IMPACTS	▪ Potential of urban and small stream flash flooding.
NWS ALERTS	▪ Flood Watch continues for all of Connecticut, Rhode Island, and southeast MA.
FORECAST CHALLENGES	▪ Location of where potential bands of torrential rainfall occurs remains uncertain, although the risk is higher across more southern areas.
POST-EVENT OUTLOOK	▪ Seasonable temperatures and drier weather return by Wednesday.
NEXT BRIEFING	▪ Last planned briefing




NWS HeatRisk Forecast
Experimental
Valid: Jul 01, 2026
Keene
Manchester
Brattleboro
Greenfield
Fitchburg
93
Pittsfield
Boston
Worcester
90
91
Springfield
Provincetown
84
Providence
Hartford
95
Newport
New London
Nantucket
Bridgeport
Risk of Heat-Related Impacts
Updated: Jun 30, 2026 02:48 PM EDT
Little to None
• Little to no risk from expected heat.
Minor
• This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Moderate
• This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration.
• Impacts possible in some health systems and in heat-sensitive industries.
Major
• This level of heat affects anyone without effective cooling and/or adequate hydration.
• Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Extreme
• This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration.
• Impacts likely in most health systems, heat-sensitive industries and infrastructure.


HeatRisk_Day3_MA.png
NWS HeatRisk Forecast
Experimental
Valid: Jul 02, 2026
Keene
Manchester
Brattleboro
Greenfield
Fitchburg
93
Pittsfield
Boston
Worcester
90
91
Springfield
Provincetown
84
Hartford
Providence
95
Newport
New London
Nantucket
Bridgeport
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Extreme
This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration.
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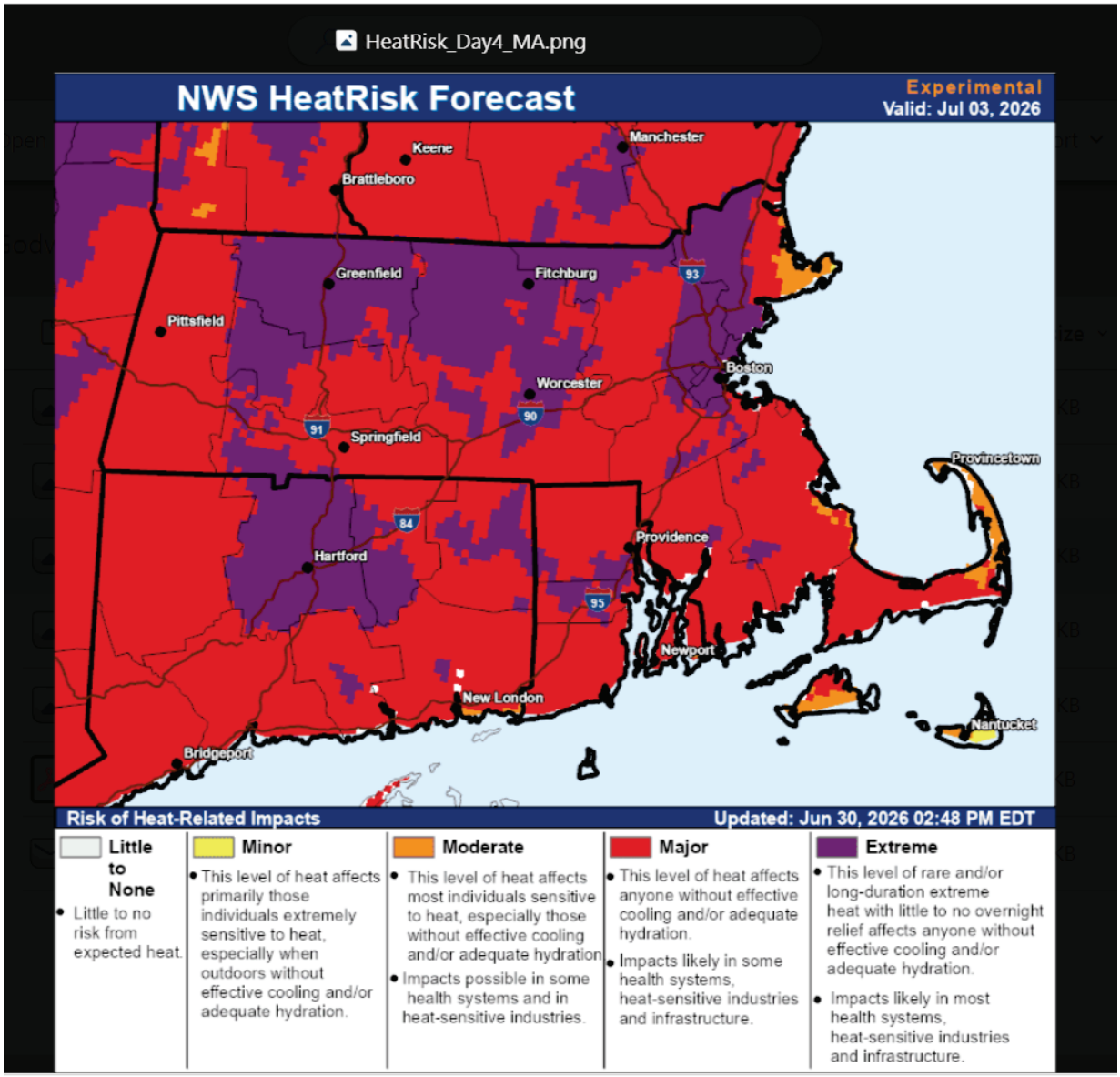
HeatRisk_Day4_MA.png
NWS HeatRisk Forecast
Experimental
Valid: Jul 03, 2026
Keene
Manchester
Brattleboro
Greenfield
Fitchburg
93
Pittsfield
Boston
Worcester
90
91
Springfield
Provincetown
84
Providence
Hartford
95
Newport
New London
Nantucket
Bridgeport
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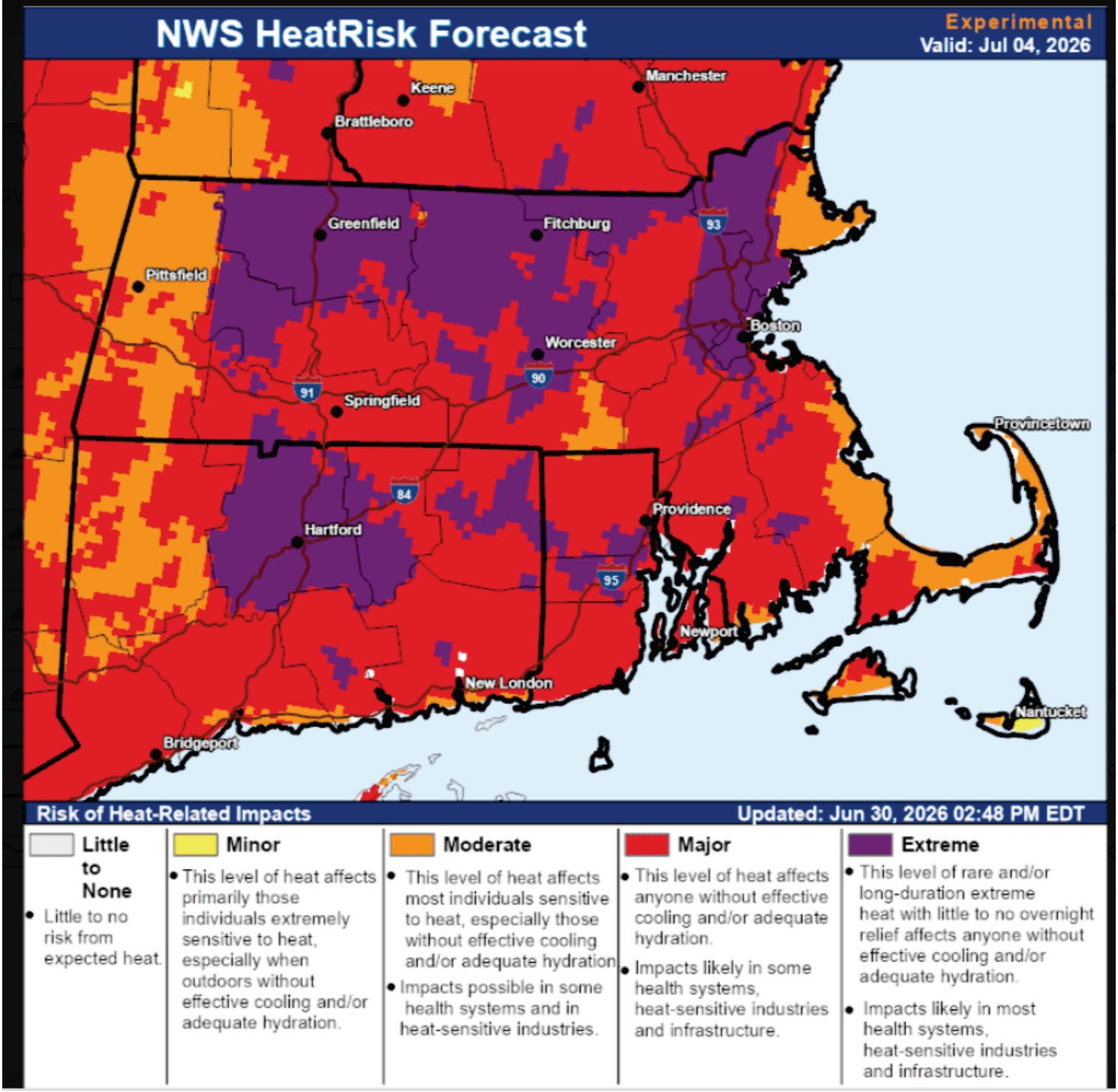
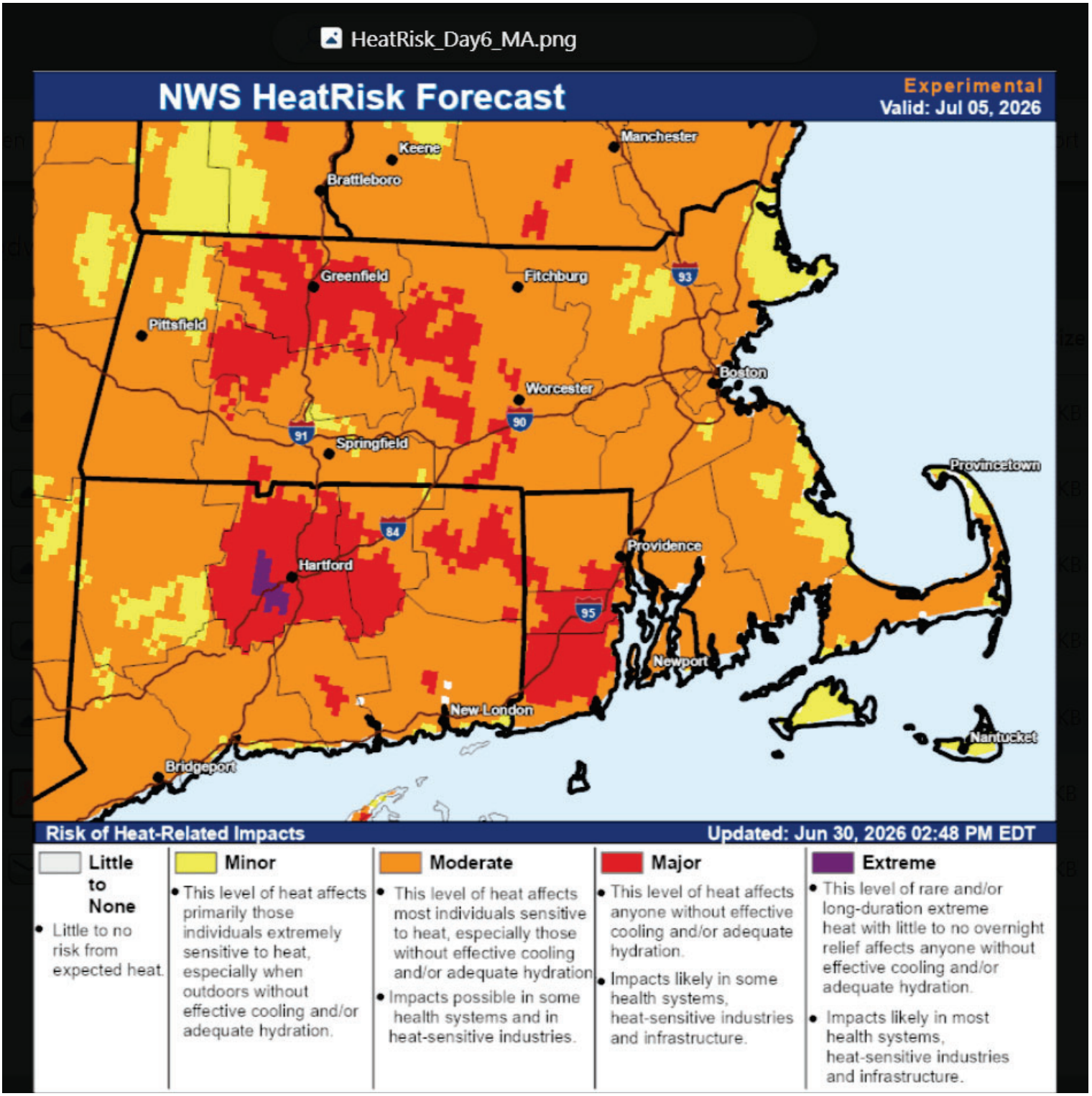
Updated: Jun 30, 2026 02:48 PM EDT
Little to None
Little to no risk from expected heat.
Minor
This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Moderate
This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration
Impacts possible in some health systems and in heat-sensitive industries.
Major
This level of heat affects anyone without effective cooling and/or adequate hydration.
Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Extreme
This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration.
Impacts likely in most health systems, heat-sensitive industries and infrastructure.

HeatRisk_Day5_MA.png




HeatRisk_Day6_MA.png
NWS HeatRisk Forecast
Experimental
Valid: Jul 05, 2026
Keene
Manchester
Brattleboro
Greenfield
Fitchburg
93
Pittsfield
Boston
Worcester
90
91
Springfield
Provincetown
84
Providence
Hartford
95
Newport
New London
Nantucket
Bridgeport
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• Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Extreme
• This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration.
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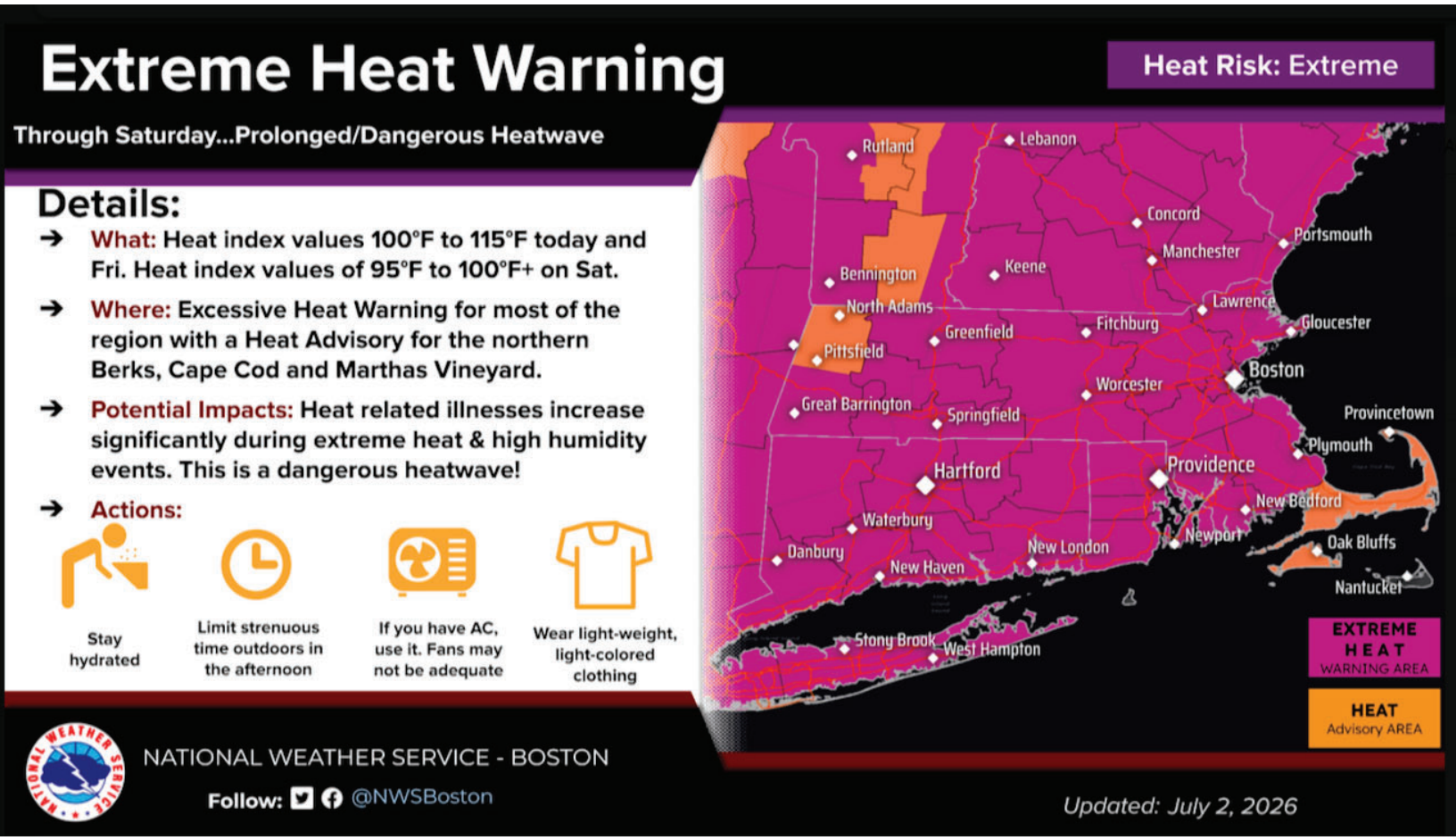

Extreme Heat Warning
Heat Risk: Extreme
Through Saturday...Prolonged/Dangerous Heatwave
Details:
What: Heat index values 100°F to 115°F today and Fri. Heat index values of 95°F to 100°F+ on Sat.
Where: Excessive Heat Warning for most of the region with a Heat Advisory for the northern Berks, Cape Cod and Marthas Vineyard.
Potential Impacts: Heat related illnesses increase significantly during extreme heat & high humidity events. This is a dangerous heatwave!
Actions:
Stay hydrated
Limit strenuous time outdoors in the afternoon
If you have AC, use it. Fans may not be adequate
Wear light-weight, light-colored clothing
Rutland
Lebanon
Concord
Portsmouth
Manchester
Bennington
Keene
North Adams
Lawrence
Gloucester
Greenfield
Fitchburg
Pittsfield
Boston
Worcester
Great Barrington
Springfield
Provincetown
Plymouth
Hartford
Providence
New Bedford
Waterbury
Newport
Oak Bluffs
Danbury
New London
New Haven
Nantucket
Stony Brook
West Hampton
EXTREME HEAT WARNING AREA
HEAT Advisory AREA
NATIONAL WEATHER SERVICE - BOSTON
Follow: @NWSBoston
Updated: July 2, 2026

Extreme Heat Warning

Through Saturday...Prolonged/Dangerous Heatwave

Details:

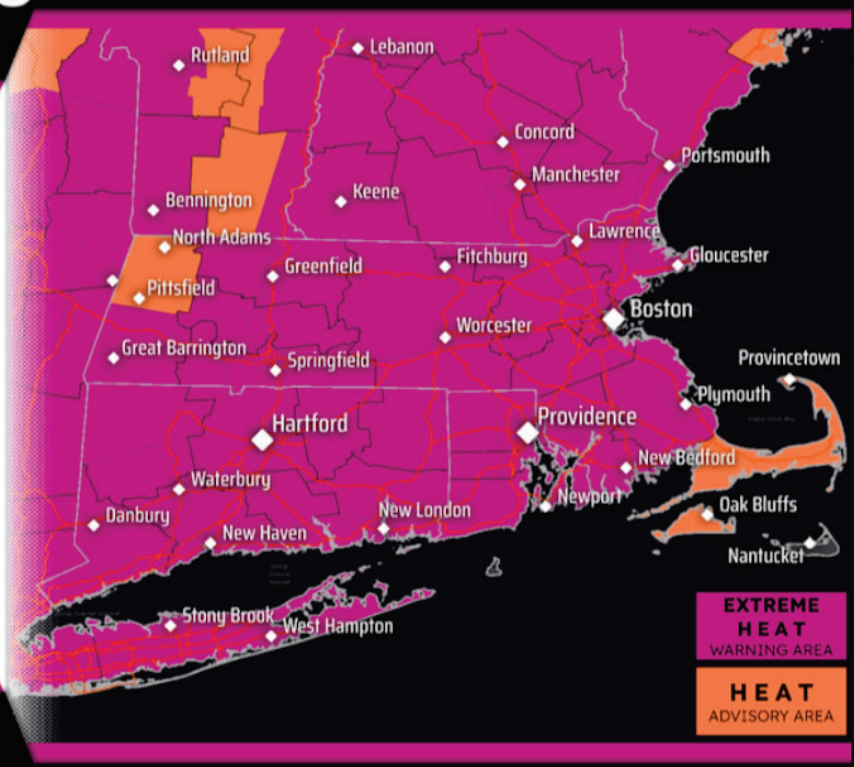
- **What:** Heat index values 100°F to 110°F today and Fri. Heat index values of 95°F to 100°F+ on Sat.
- **Where:** Extreme Heat Warning for most of the region with a Heat Advisory for the northern Berks, Cape Cod and Martha's Vineyard.
- **Potential Impacts:** Heat related illnesses increase significantly during extreme heat & high humidity events. This is a dangerous heatwave!
- **Actions:**

Stay hydrated

Limit strenuous time outdoors in the afternoon

If you have AC, use it. Fans may not be adequate

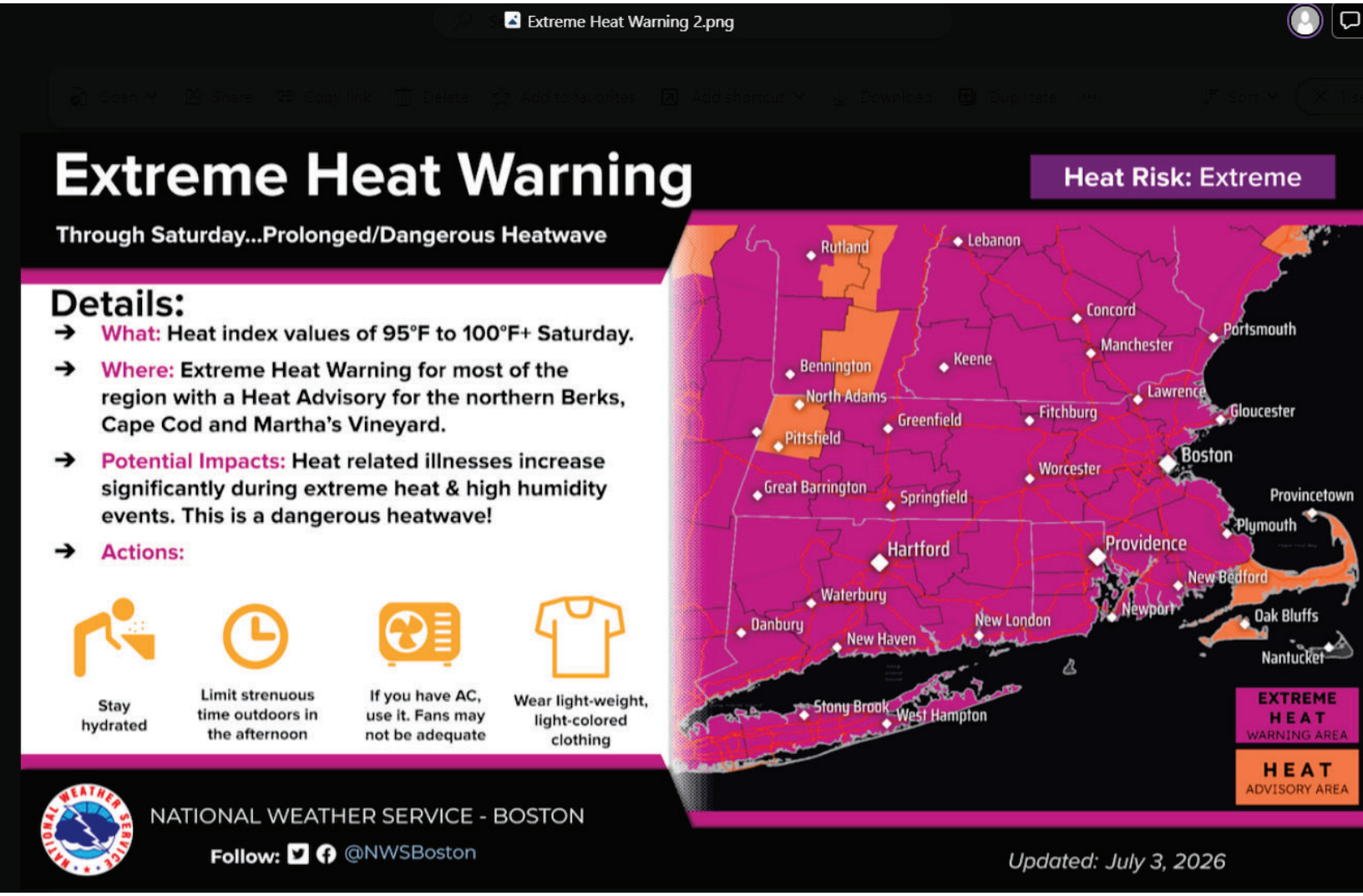
Wear light-weight, light-colored clothing



NATIONAL WEATHER SERVICE - BOSTON

Follow: @NWSBoston

Updated: July 3, 2026


Extreme Heat Warning 2.png
Extreme Heat Warning
Through Saturday...Prolonged/Dangerous Heatwave
Heat Risk: Extreme
Details:
What: Heat index values of 95°F to 100°F+ Saturday.
Where: Extreme Heat Warning for most of the region with a Heat Advisory for the northern Berks, Cape Cod and Martha's Vineyard.
Potential Impacts: Heat related illnesses increase significantly during extreme heat & high humidity events. This is a dangerous heatwave!
Actions:
Stay hydrated
Limit strenuous time outdoors in the afternoon
If you have AC, use it. Fans may not be adequate
Wear light-weight, light-colored clothing
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Lebanon
Concord
Portsmouth
Manchester
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North Adams
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Greenfield
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Boston
Worcester
Great Barrington
Springfield
Provincetown
Plymouth
Hartford
Providence
New Bedford
Waterbury
Newport
Oak Bluffs
Danbury
New London
New Haven
Nantucket
Stony Brook
West Hampton
EXTREME HEAT WARNING AREA
HEAT ADVISORY AREA
NATIONAL WEATHER SERVICE - BOSTON
Follow: @NWSBoston
Updated: July 3, 2026

Isolated Severe Weather Threat - Tonight

July 3, 2026
3:36 AM CDT

Greatest risk for severe weather is across western MA/CT

What to Expect:

Isolated severe thunderstorms possible. Greatest risk across interior MA and CT. Main severe weather threat is for pockets of isolated wind damage.

Main time of concern is after 5 PM tonight well into the overnight hours.

Threat Level by Hazard:

Damaging Winds
Gusts up to 60 mph

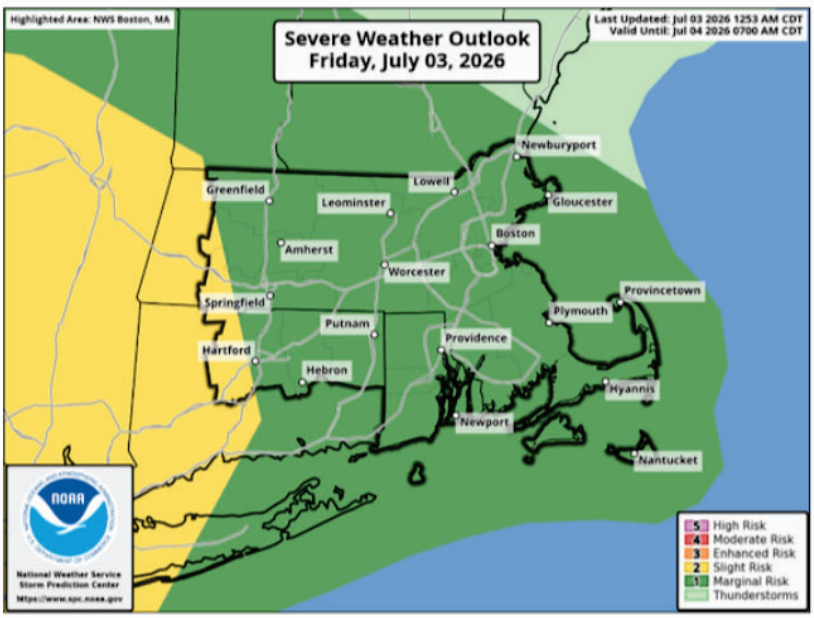
0	1	**2**	3	4	5

Damaging Hail
Up to 1"

0	1	2	3	4	5

Dangerous cloud to ground lightning along with torrential rainfall/localized street flooding.

Severe Weather Threat Level 0 1 **2** 3 4 5



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Isolated Severe Weather Threat - Tonight

July 3, 2026
3:02 PM EDT

Greatest risk for severe weather is across western MA/CT

What to Expect:

Isolated severe thunderstorms possible. Greatest risk across interior MA and CT. Main severe weather threat is for pockets of isolated wind damage.

Main time of concern is after 5 PM tonight well into the overnight hours.

Threat Level by Hazard:

Damaging Winds
Gusts up to 60 mph

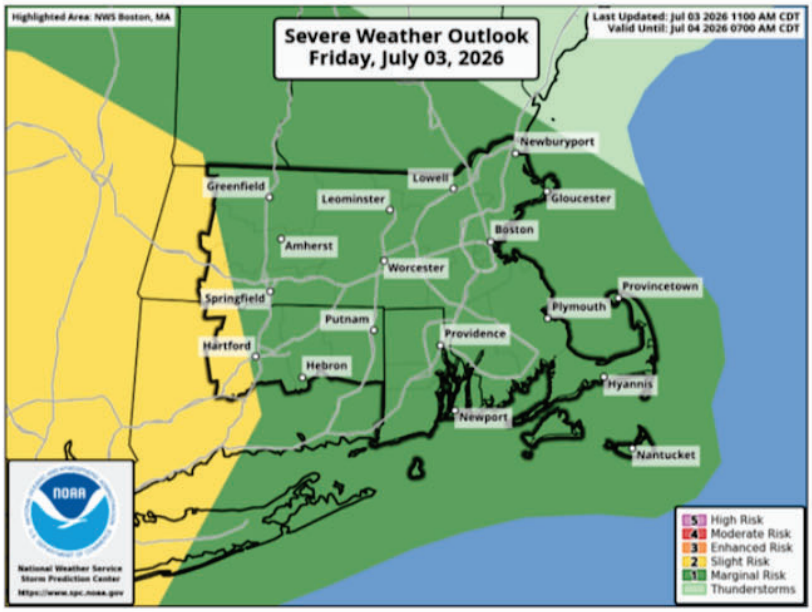
0	1	**2**	3	4	5

Damaging Hail
Up to 1"

0	1	2	3	4	5

Dangerous cloud to ground lightning along with torrential rainfall/localized street flooding.

Severe Weather Threat Level 0 | 1 | **2** | 3 | 4 | 5



National Oceanic and Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Boston / Norton, MA

Heat Advisory Through 8 PM This Evening

Details:

- **What:** Heat index values of 95°F to 102°F today.
- **Where:** Heat Advisory in effect for most of southern New England.
- **Potential Impacts:** Heat related illnesses increase significantly during extreme heat & high humidity events. **Actions:**



Stay hydrated



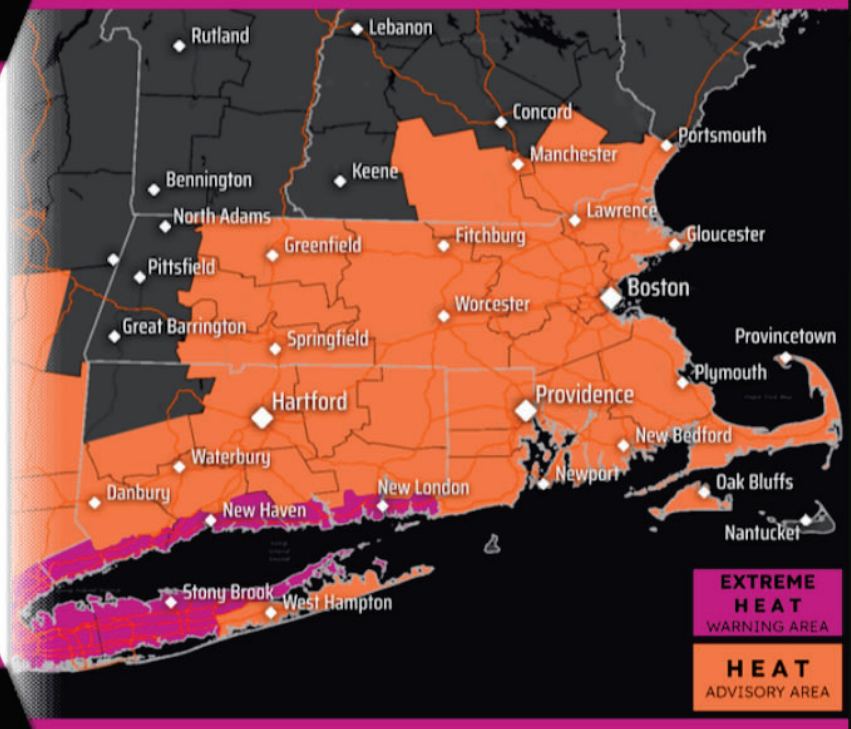
Limit strenuous time outdoors in the afternoon



If you have AC, use it. Fans may not be adequate



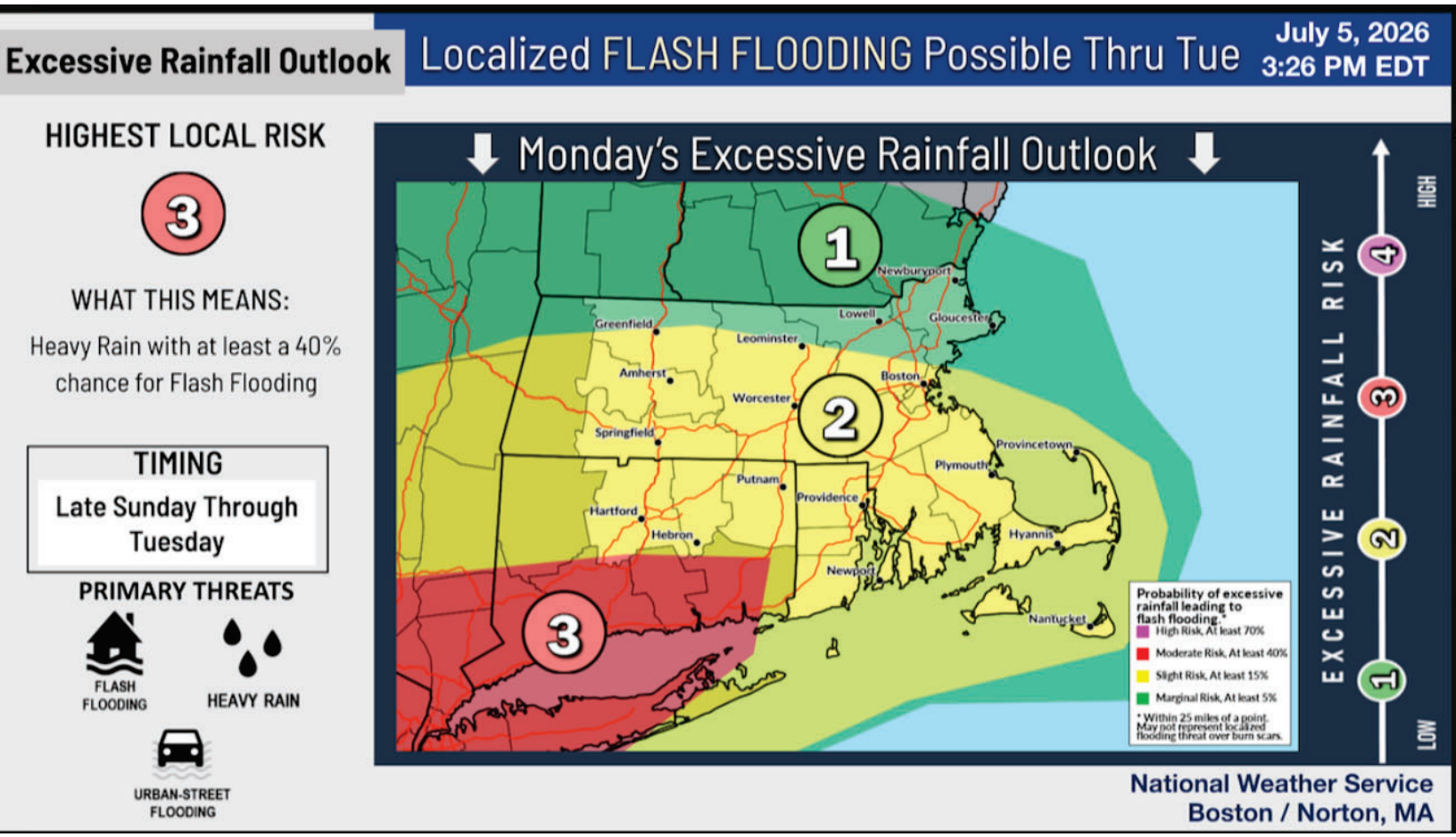
Wear light-weight, light-colored clothing

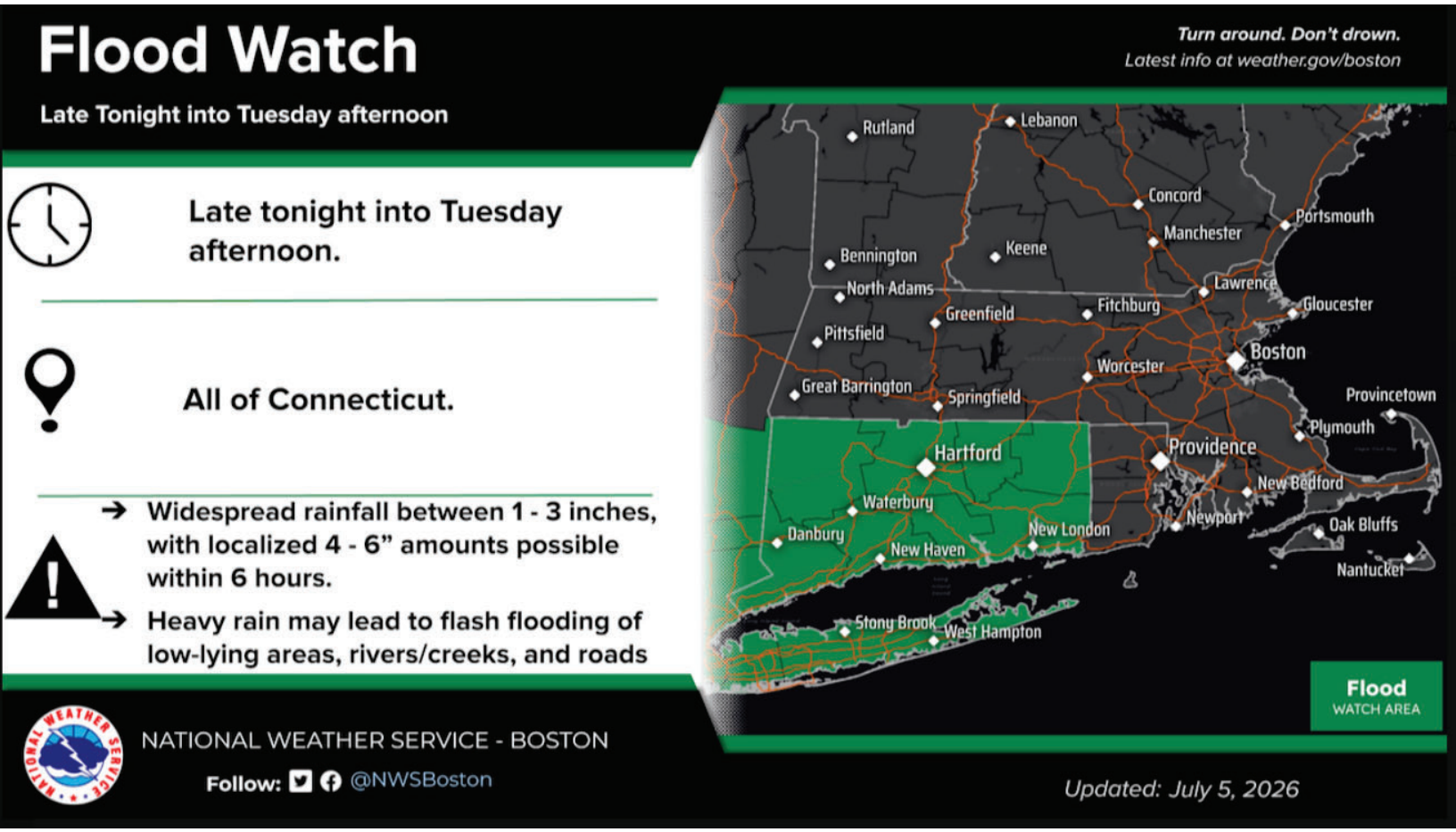


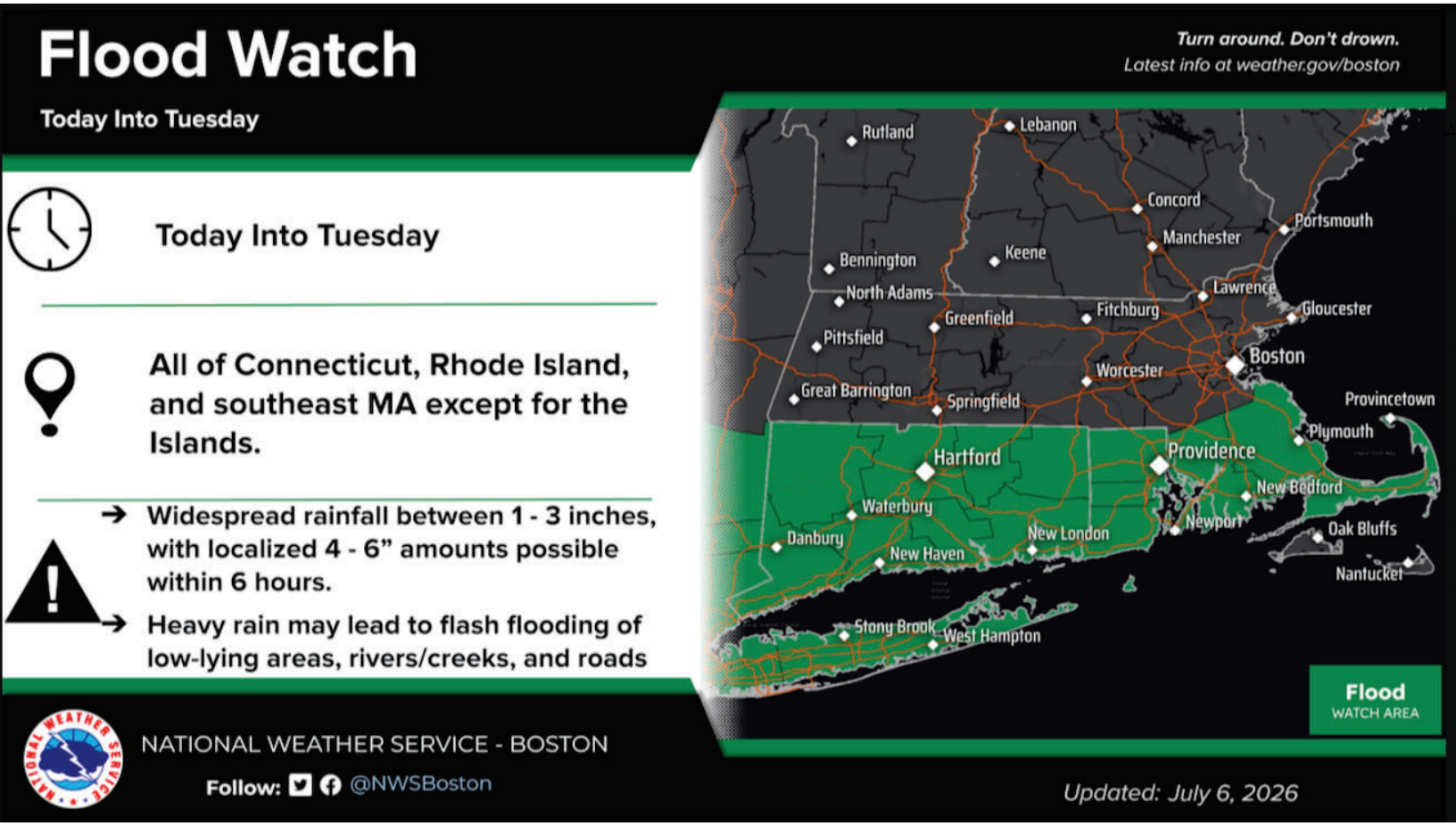
NATIONAL WEATHER SERVICE - BOSTON

Follow: @NWSBoston

Updated: July 4, 2026


Excessive Rainfall Outlook
Localized FLASH FLOODING Possible Thru Tue
July 5, 2026
3:26 PM EDT
HIGHEST LOCAL RISK
3
WHAT THIS MEANS:
Heavy Rain with at least a 40% chance for Flash Flooding
TIMING
Late Sunday Through Tuesday
PRIMARY THREATS
FLASH FLOODING
HEAVY RAIN
URBAN-STREET FLOODING
Monday's Excessive Rainfall Outlook
1
2
3
Newburyport
Lowell
Gloucester
Greenfield
Leominster
Amherst
Worcester
Boston
Springfield
Provincetown
Plymouth
Putnam
Providence
Hartford
Hebron
Hyannis
Newport
Nantucket
Probability of excessive rainfall leading to flash flooding.*
High Risk, At least 70%
Moderate Risk, At least 40%
Slight Risk, At least 15%
Marginal Risk, At least 5%
* Within 25 miles of a point. May not represent localized flooding threat over burn scars.
EXCESSIVE RAINFALL RISK
HIGH
LOW
National Weather Service
Boston / Norton, MA


Flood Watch
Late Tonight into Tuesday afternoon
Turn around. Don't drown.
Latest info at weather.gov/boston
Late tonight into Tuesday afternoon.
All of Connecticut.
Widespread rainfall between 1 - 3 inches, with localized 4 - 6" amounts possible within 6 hours.
Heavy rain may lead to flash flooding of low-lying areas, rivers/creeks, and roads
Rutland
Lebanon
Concord
Portsmouth
Manchester
Keene
Bennington
North Adams
Lawrence
Gloucester
Fitchburg
Greenfield
Pittsfield
Boston
Worcester
Great Barrington
Springfield
Provincetown
Plymouth
Hartford
Providence
New Bedford
Waterbury
Newport
Oak Bluffs
Danbury
New London
New Haven
Nantucket
Stony Brook
West Hampton
Flood
WATCH AREA
NATIONAL WEATHER SERVICE - BOSTON
Follow: @NWSBoston
Updated: July 5, 2026


Flood Watch
Today Into Tuesday
Turn around. Don't drown.
Latest info at weather.gov/boston
Today Into Tuesday
All of Connecticut, Rhode Island, and southeast MA except for the Islands.
Widespread rainfall between 1 - 3 inches, with localized 4 - 6" amounts possible within 6 hours.
Heavy rain may lead to flash flooding of low-lying areas, rivers/creeks, and roads
NATIONAL WEATHER SERVICE - BOSTON
Follow: @NWSBoston
Rutland
Lebanon
Concord
Portsmouth
Manchester
Bennington
Keene
North Adams
Lawrence
Greenfield
Fitchburg
Gloucester
Pittsfield
Boston
Worcester
Great Barrington
Springfield
Provincetown
Plymouth
Hartford
Providence
New Bedford
Waterbury
Newport
Danbury
New London
Oak Bluffs
New Haven
Nantucket
Stony Brook
West Hampton
Flood
WATCH AREA
Updated: July 6, 2026

Flood Watch

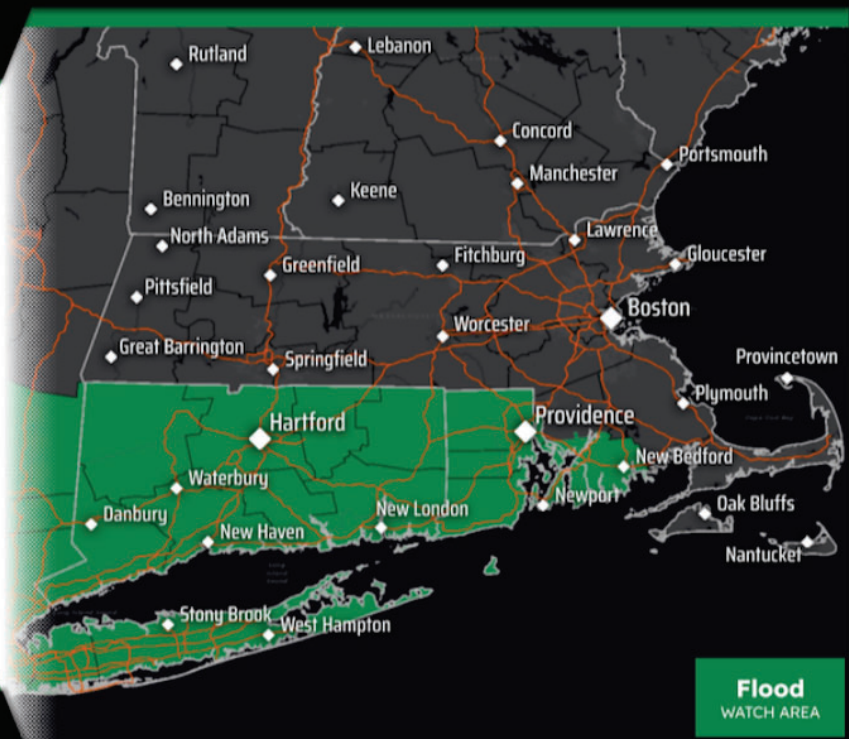
Late Tonight into Tuesday afternoon

Turn around. Don't drown.
Latest info at weather.gov/boston

Late tonight into Tuesday afternoon

All of Connecticut, Rhode Island, and southern Bristol County, MA

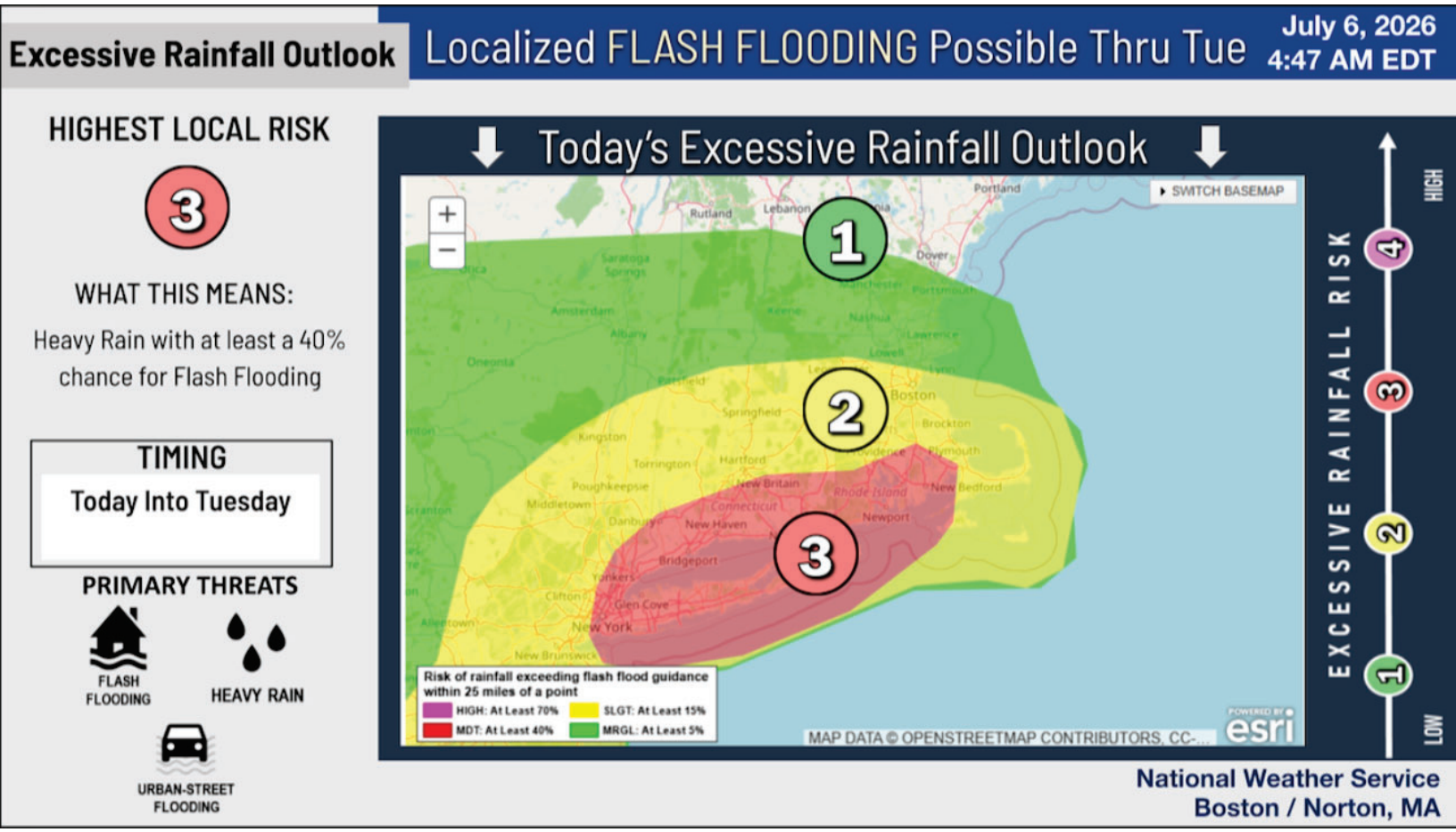
- Widespread rainfall between 1 - 3 inches, with localized 4 - 6" amounts possible within 6 hours
- Heavy rain may lead to flash flooding of low-lying areas, rivers/creeks, and roads

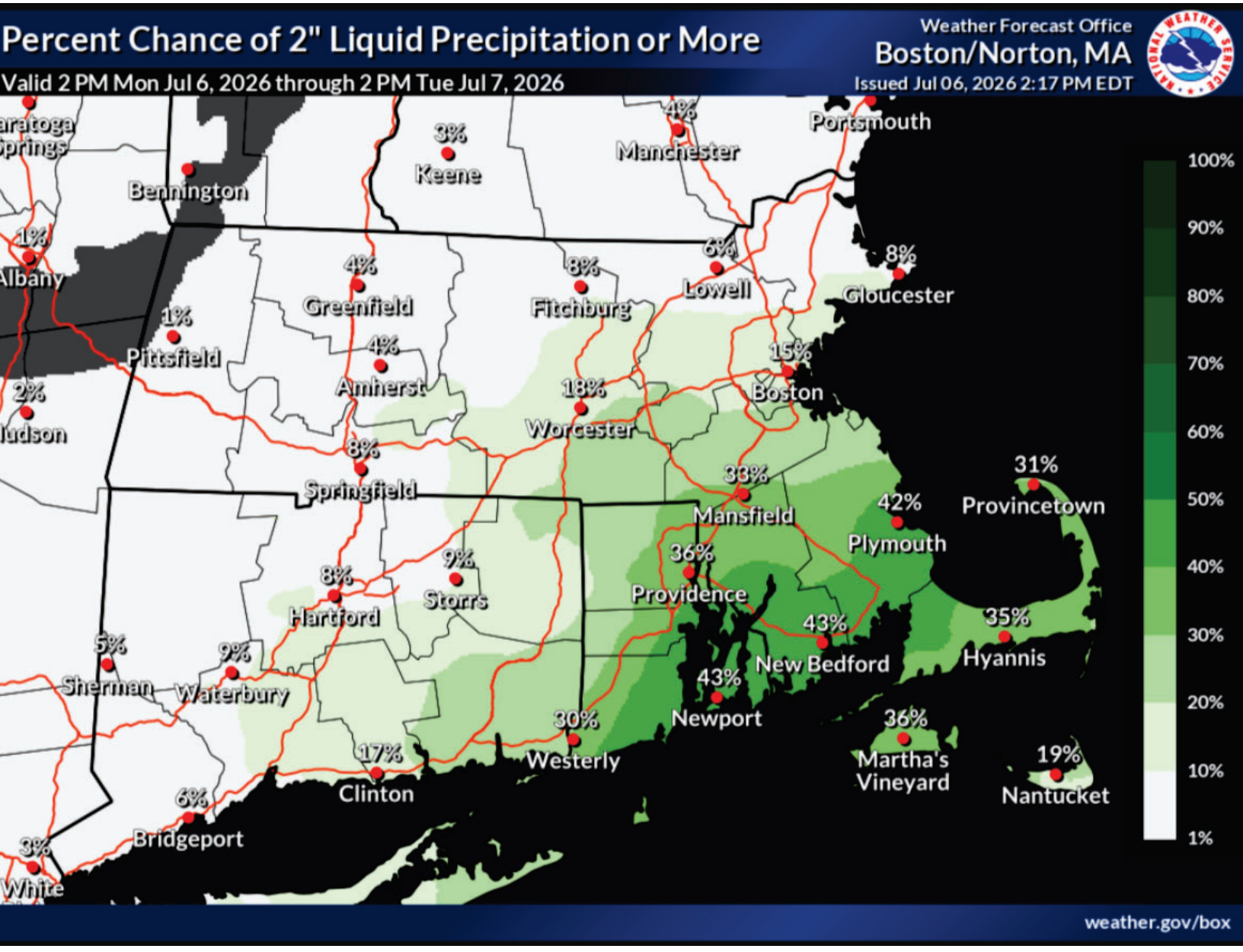


NATIONAL WEATHER SERVICE - BOSTON

Follow: @NWSBoston

Updated: July 5, 2026


Excessive Rainfall Outlook
Localized FLASH FLOODING Possible Thru Tue
July 6, 2026
4:47 AM EDT
HIGHEST LOCAL RISK
3
WHAT THIS MEANS:
Heavy Rain with at least a 40% chance for Flash Flooding
TIMING
Today Into Tuesday
PRIMARY THREATS
FLASH FLOODING
HEAVY RAIN
URBAN-STREET FLOODING
Today's Excessive Rainfall Outlook
SWITCH BASEMAP
1
2
3
Risk of rainfall exceeding flash flood guidance within 25 miles of a point
HIGH: At Least 70%
SLGT: At Least 15%
MDT: At Least 40%
MRGL: At Least 5%
MAP DATA © OPENSTREETMAP CONTRIBUTORS, CC-...
esri
EXCESSIVE RAINFALL RISK
HIGH
LOW
National Weather Service
Boston / Norton, MA


Percent Chance of 2" Liquid Precipitation or More
Valid 2 PM Mon Jul 6, 2026 through 2 PM Tue Jul 7, 2026
Weather Forecast Office
Boston/Norton, MA
Issued Jul 06, 2026 2:17 PM EDT
100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
1%
Portsmouth
Manchester
Keene
Bennington
Albany
Lowell
Gloucester
Greenfield
Fitchburg
Pittsfield
Amherst
Boston
Worcester
Springfield
Mansfield
Provincetown
Plymouth
Providence
Storrs
Hartford
Hyannis
New Bedford
Sherman
Waterbury
Newport
Martha's Vineyard
Nantucket
Westerly
Clinton
Bridgeport
White
4%
3%
6%
8%
1%
4%
8%
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18%
8%
38%
31%
42%
36%
9%
8%
43%
35%
5%
9%
43%
30%
36%
19%
17%
6%
3%
weather.gov/box

From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Tuesday, June 30, 2026 7:28:27 PM
To: undisclosed-recipients:;
Subject: NWS Boston: EM Briefing - Excessive Heat through Saturday
Urgent: High

Attachments: NWS Boston Briefing_July 1-4 Heat.pdf (136.3 KB), HeatRisk_Day3_MA.png (55.37 KB), HeatRisk_Day4_MA.png (56.58 KB), HeatRisk_Day5_MA.png (58.06 KB), HeatRisk_Day2_MA.png (54.95 KB), HeatRisk_Day6_MA.png (56.86 KB)

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Report suspicious emails by selecting 'Report Phish' or forwarding to SPAMFEEDBACK@EVERSOURCE.COM for analysis by our cyber security team.
All,

Attached is an updated one pager on the upcoming excessive heat. The only changes this afternoon were the expansion of the Excessive Heat Warnings across most of the region, along with a Heat Advisory for Cape Cod and Martha's Vineyard. At this point, although Nantucket and Block Island will be warm and humid, the heat levels there are not anticipated to rise to the level requiring a Heat Advisory.

We have also attached the HeatRisk maps for Wednesday through Sunday. You can also access these graphics via this link: https://www.wpc.ncep.noaa.gov/heatrisk/graphics.html

Lastly, there is a risk of isolated strong to severe thunderstorms this evening and again on Wednesday. The highest chances are across western portions of southern New England. Localized damaging winds and hail are the primary threats.

Andy Nash, Frank Nocera, Matt Belk

If you have any questions or would like more information, please don't hesitate to contact us. You can reach us via:
email: box.operations@noaa.gov
phone: 508.622.3280
Slack/NWSChat 2.0 (for approved partners)
social media: Website | Facebook | Twitter

From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Friday, July 3, 2026 8:46:22 AM
To: undisclosed-recipients:;
Subject: [07.03.2026 AM] NWS Boston EM Briefing: Dangerous Heat/Isolated Severe Thunderstorm Risk Into Saturday
Urgent: High

Attachments: Dangerous Heat and Isolated Severe T-Storm Risk.pdf (204.02 KB), Isolated Severe Weather Potential Tonight.png (419.26 KB), Extreme Heat Warning.png (602.78 KB)

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Report suspicious emails by selecting 'Report Phish' or forwarding to SPAMFEEDBACK@EVERSOURCE.COM for analysis by our cyber security team.
Good morning, everyone.

No significant changes have been made to the forecast. Dangerous heat indices of 100 to 110 degrees are expected today and 95-100+ degrees are expected on Saturday. In addition, there is an isolated severe thunderstorm risk tonight and again on Saturday. The main severe weather risks include damaging straight line wind gusts, brief torrential rainfall, and dangerous cloud-to-ground lightning.

Attached is a brief one-pager along with graphics showing our Extreme heat Warning and Isolated Severe Thunderstorm risk.

Please let us know if you have any questions or concerns!

Thank You!

Meteorologist: Hayden Frank

If you have any questions or would like more information, please don't hesitate to contact us. You can reach us via:
email: box.operations@noaa.gov
phone: 508.622.3280
Slack/NWSChat 2.0 (for approved partners)
social media: Website | Facebook | Twitter

From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Friday, July 3, 2026 7:16:25 PM
To: _NWS ER Taunton Additional Email <nws.er.taunton.additional.email@noaa.gov>; _NWS ER Taunton TVMets <nws.er.taunton.tvmets@noaa.gov>; _NWS ER Taunton_EM_Call <nws.er.taunton_em_call@noaa.gov>
Subject: [07.03.2026 PM] NWS Boston EM Briefing: Dangerous Heat/Isolated Severe Thunderstorm Risk Into Saturday
Urgent: High

Attachments: Dangerous Heat & Isolated T-Storm risk through Sat.pdf (203.85 KB), Extreme Heat Warning.png (596.32 KB), Isolated Severe Wx Potential Tonight.png (427.39 KB)

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Good Afternoon,

No significant changes have been made to the forecast. Dangerous heat indices of 95 to 101 degrees are expected to continue into Saturday. The risk for an isolated severe thunderstorm remains tonight and again on Saturday. The main severe weather risks continue to be damaging straight line wind gusts, brief torrential rainfall, and dangerous cloud-to-ground lightning.

Attached is an updated one-page briefing along with Extreme Heat Warning and Isolated Severe Thunderstorm risk graphics.

Please let us know if you have any questions!

Meteorologist: Emily McMinn

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From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Friday, July 3, 2026 12:25:35 PM
To: undisclosed-recipients:;
Subject: [2026.07.03 AM] NWS Boston Weather Briefing for Public Safety Partners
Urgent: High

Attachments: NWS Boston Weather Briefing.pdf (3.02 MB)

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Good morning everyone,

Here is our latest weather briefing. Key messages include:
Dangerous heat continue today and continues into Saturday with heat indices 98F to 115F.
There is a chance of thunderstorms this evening into the overnight hours.
There is a risk of severe weather and a few t-storms on Independence Day, but the greatest risk for more widespread activity right now looks to be to our southwest.
Let us know if you have any questions or concerns.

Thank you,
Bryce Williams

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From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Saturday, July 4, 2026 7:43:28 AM
To: undisclosed-recipients:;
Subject: [07.04.2026 AM] NWS Boston EM Briefing: Heat Advisory & Isolated Thunderstorm Risk Today and Tonight
Urgent: High

Attachments: Heat Advisory & Isolated T-Storm Risk Today & Tonight.pdf (258.06 KB), Heat Advisory Today.png (560.75 KB)

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Good morning, everyone...

The Extreme Heat Warning has been converted to a Heat Advisory for most of southern New England, which is in effect until 8 pm this evening. Isolated thunderstorms are possible this afternoon and tonight, but they are not expected to be widespread; most of this time will feature dry weather. The main potential for severe weather, specifically damaging wind gusts will remain to our southwest. There is only a low probability for an isolated severe thunderstorm in our region.

We have attached a brief one-pager and a graphic detailing the Heat Advisory.

Please let us know if you have any questions or concerns.

Thank You!

Meteorologist: Hayden Frank

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From: BOX Operations - NOAA Service Account <box.operations@noaa.gov>
Sent on: Sunday, July 5, 2026 8:26:01 AM
To: undisclosed-recipients:;
Subject: [2026.07.05 AM] NWS Boston EM Briefing: Heavy Rain & Flood Watch For Connecticut
Urgent: High

Attachments: July 6-7 2026 Heavy Rain And Flood Watch For Connecticut.pdf (241.63 KB), Flood Watch Connecticut.png (527.58 KB)

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Good morning, everyone...

We have issued a Flood Watch for Connecticut from late tonight into Tuesday afternoon. Periods of heavy rain are expected during this time frame. Widespread rainfall amounts of 1-3" are expected across Connecticut, but narrow bands of torrential rainfall may result in localized 4-6" amounts within 6 hours. The location and timing of where these narrow bands may set up remain uncertain. However, if they materialize, urban and River/Small stream flooding is possible. Therefore, we have issued a Flood Watch for Connecticut where the potential is highest. We may need to expand this Flood Watch further north and east depending on later trends.

Attached is a brief one-pager along with the graphic depicting the Flood Watch.

Please let us know if you have any questions or concerns!

Thank You!

Meteorologist: Hayden Frank

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Sent on: Sunday, July 5, 2026 7:41:45 PM
To: undisclosed-recipients:;
Subject: [2026.07.05 PM] NWS Boston EM Briefing: Heavy Rain & Flood Watch
Urgent: High

Attachments: Flood Watch.png (536.61 KB), Flash Flood Potential.png (519.56 KB), July 6-7 2026 Heavy Rain And Flood Watch Through Tuesday.pdf (108.01 KB)

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Good Afternoon,

We have expanded the Flood Watch to include all of Connecticut, Rhode Island, and Bristol County, MA. We continue to expect widespread rainfall amounts of 1-3" across the region, but narrow bands of torrential rainfall may result in localized 4-6" amounts within 6 hours. Confidence is increasing that some of these bands could set up closer to the southern coast, but the timing and how far north they could push remains uncertain. Localized flash flooding and small stream flooding remain possible within these bands.

Attached is an updated one-pager along with graphics depicting the expanded Flood Watch and flash flooding potential.

Meteorologists: Emily McMinn, Bryce Williams, and Candice Hrencecin

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Sent on: Monday, July 6, 2026 9:12:14 AM
To: undisclosed-recipients:;
Subject: [2026.07.06 AM] NWS Boston EM Briefing: Heavy Rain & Flood Watch
Urgent: High

Attachments: July 6-7 2026 Heavy Rain And Flood Watch Through Tuesday.pdf (246.52 KB), Flood Watch into Tuesday.png (533.81 KB), Localized Flash Flood Potential.png (691.79 KB)

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Good morning, everyone...

We have expanded the Flood watch to include all of southeast MA except for the outer-Islands into Tuesday. We continue to expect widespread rainfall amounts of 1-3" across the region, but narrow bands of torrential rainfall may result in localized 4-6" amounts within 6 hours. It remains uncertain whether these narrow bands will set up and where they might be located. However, if they do form in our region, localized urban and small stream flash flooding would be possible.

Attached is our brief one-pager, a graphic depicting the current Flood Watch, as well as a graphic indicating the Flash Flood probabilities.

Please let us know if you have any questions or concerns!

Thank You!

Meteorologist: Hayden Frank

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